



SOUNDOFF

March—April 2023

*George P. Vanderveer
Post 129 American Legion
(Established 1919)
2025 Church Road
Toms River, NJ 08753*

George P. Vanderveer Post 129 American Legion

YOUR POST NEEDS YOU TO VOLUNTEER

First, the commander and officers would like to thank you, the members, for making this Post the largest in Ocean County. Only through membership can we remain strong. The dues you pay help support the various programs that assist your fellow legionnaires and the community in which we live.

2023 will be a year of challenges. Only through mutual helpfulness can we expand.

If you can spare an hour, 2 hours, 3 hours or more we can use your talents.

We are looking for assistance in the following areas:

Administration, BINGO, chaplain assistance, house (general cleaning, hall setup), background in bar management, legal (grants, searching for various programs), public relations, media, historian, just to name a few. If you have the time, keep us in mind.

Contact:
Pete Chafatelli, Commander
732-433-5046

Ralph Moranz, Vice Commander
908-278-3568

David Corbin, SJA
732-489-5841

 **AMERICAN
LEGION**

MEMBERSHIP MINUTE

Thank you to all our dedicated members that have sent in their dues so far. This helps us do all the great things that we do.

Fellow Legionnaires, as of February 15th our membership stands at 1,348. We are at 82% of our goal with 303 more to go over last year's numbers of 1652. So please send in your 2023 dues. There are a few ways to do this. If you go to mylegion.org you can pay online and receive your membership card in a few days, or mail to the Post.

We need your help so we can continue to help our Veterans, their Families, and the Community where we live. Please do not forget the Buddy Check by reaching out to our Legion Family and friends to see if they need any help and offering words of encouragement especially during these trying times. With the cost of food

going through the roof these days and the price of everything on the rise we need to look out for one another. That is what we do, Veterans taking care of Veterans.

I am asking our legion family to reach out and ask your friends, neighbors, coworkers, family members to see if they would like to join our great organization. Per the Legion Act of 2019 any veteran that has served at least one day of active military duty since Dec. 7, 1941, and was honorably discharged or still serving honorably meets the qualifications to join The American Legion.

We must ensure there is, No Veteran Left Behind, and that means growing our numbers in every department. Our country needs a Legion of forces to serve our Veterans and Communities.

So, let us renew our commitment, renew our efforts, and renew our Membership to make 2023 a very prosperous year.

(continued page 3)



The American Legion, Post 129, 2025 Church Road, Toms River, New Jersey 08753



You served your country.
Now you can serve your
American Legion Post
129. Help is needed for
BINGO workers on
Thursday nights. So
without even playing you
can be a winner. Contact
Ralph Moranz at
rmoranz@msn.com



Not just Legionnaires, but
also Auxiliary and SAL
members are invited to
join the BINGO team.



 **AMERICAN
LEGION**



POST 129 WANTS YOU!



FACEBOOK: <https://www.facebook.com/groups/post129/>

WEBSITE: <https://alpost129.org/>

Post 129 Recreation Center and Video Streaming Center

In the past 10 years, reports estimate that 17% of the warfighters returned from Iraq and Afghanistan with PTSD, Post-Traumatic Stress Disorder. Many are even beginning to recognize that PTSD is actually an injury as opposed to a disorder. Therefore I will refer to it as an injury and use the acronym PTSI.

Because of the sheer number of veterans returning with this injury and no clear-cut way to treat it, many are left to struggle on their own or become subjects of the VA doctors to experiment with an array of medications and treatments that for the most part take years to find the right combination to effect help.

Because of our lack of understanding, viable treatments, and therapeutic outlets, many of our warfighters become severely depressed. Mission 22 estimates that right here in the United States, 22 veterans take their own life each day.

It is becoming well-documented that playing video games has helped veterans develop coping strategies to manage their physical and psychological stressors. Much like the veterans who play some type of instrument, playing video games gives them some relief from their anxiety, if only for a few hours. The avatars they create become an extension of themselves or someone they wished to be which helps in the reduction of stress, depression, social anxiety and to some extent substance abuse and personality disorders.

Your Post 129 has over 300 members whose average age is 37 years old. We also have a



1400-square-foot room (the basement) that is underutilized and is being considered for the installation of the video center. See pic above.

The American Legion has begun to partner with other groups (Regiment) (Stackup) that offer team building and tournaments in the video gaming arena, making this kind of endeavor a helpful and acceptable activity for our younger veterans.

All who are interested in commenting or helping with this planned endeavor are invited to contact me via email. I would value your input. Email ralphwolff@jerseycoastappliance.com

FINANCES

Our finances are strong and revenue from Pull Tab, Bingo and the Bar is good. We are reaching out for available grants and our trust funds like Children and Youth is to support these very important pillars. The purchase of CDs is now on the table to help capture the new higher rates along with staying in compliance with our emergency restricted fund voted for by all of you in our budget last July. All and all, all phases of our Strategic Plan are in action.

Respectfully submitted:

Ralph Wolff, Finance Officer

AMERICAN
LEGION



**American Red Cross
Blood Drive
Sponsored by**

**American Legion Post 129
2025 Church Road
Toms River, New Jersey 08753**



Friday, March 24, 2023 12:00 p.m. to 5:00 p.m.
Appointments preferred - Call Gerd 908.910.1858
or log onto www.redcrossblood.org



MEMBERSHIP

(continued from page 1)

We cannot do it without you.

Please let me know if there is some service that our Post or at the Department level can provide for you or if there is any reason that has kept you from renewing your Membership. Please contact me at rjg548@comcast.net or 732-604-8326, The American Legion needs your support. Remember, Membership is the life blood of The American Legion.

Remember To **BE THE ONE**

To **ask** Veterans in your life how they are doing.

To **listen** when a veteran needs to talk

To **reach out** when a veteran is struggling.

It just takes one to help save a **Veterans life**, you can be that **one**.

To learn more, go to: betheone.org.

For God and Country
Rich Godfrey
Department of New Jersey
Membership Chairman



BE THE ONE To Break the Chain of Veteran Suicide!



Horseshoe League 2023

Meeting: Wednesday May 3rd

Bunker Bar

6:00 pm

League Starts: Wednesday May 17th

If interested in playing in the Legion Horseshoe League, sign-up sheet will be behind the Canteen Bar.

All are Welcome. Singles and Teams

Contact: Mike Feimer: (732) 684-9790
Dan Szpyt: (732) 996-4406

CHAPLAINS MESSAGE

Brothers and Sisters

The Four Chaplain's Service was held at the Cathedral of the Air on February 5th, Major Jeffery Bassett from the Salvation Army was the Keynote Speaker. If you missed the ceremony, it will soon have a link on YouTube where you will be able to enjoy the day. When I receive the link, I will have it posted on our website.

I had the pleasure to get an invite to Major General Kleins personal residence, on base, and we had a discussion concerning food insecurity and he is very thankful of our project and the help we are providing.

I had a great meeting with Brian Gates, the gentleman that supplied over 17,000 brand new coats for at-risk warriors, veterans, and homeless around the state. He has assured me that sometime mid-March he will deliver to the pantry a "Tractor Trailer" of food. At this point this is a one-off delivery there may be more in the future, but it is up to you to drop off a can of food, a box of cereal, some breakfast syrup, whatever is in your heart to give to our active-duty families. There is a box just inside the front door on the LEFT marked for the pantry at MDL.

If you would like to make a financial donation, MAKE THE CHECK OUT TO: THE MILITARY SUPPORT ALLIANCE, on the notation line put: FOOD WARRIORS send to P.O. Box: 5421 TOMS RIVER, NEW JERSEY 08754.

On Saturday March 4th there will be a homeless support event at Gold Cost Cadillac in Eatontown where a truck load of

food and personal care items will be distributed around Monmouth County by the American Legion and others.

On Saturday April 14th there will be a cleanup project at the Cathedral of the Air with the annual planting of flowers will take place starting at 0900 just show up to help!

April 22, will be our annual Blessing of the Bikes starting at 1000 a.m. with the blessing at 1100 a.m.

For God and Country

Mike Schaffer

Department Chaplain



Psychic FAIR
Presented by the Post 129 American Legion Auxiliary

Friday, March 10, 2023
6:00 - 9:00 PM

2025 Church Road, Toms River, NJ 08755

\$25 in advance / \$30 at the door*

- Palm Reading
- Tarot Cards
- Medium
- Astrology
- Aura Readings
- Spiritual Readings

Price includes 15 minutes of a private reading with one of our six talented psychics (excludes Energy painting)
Readings will be performed on a first come first basis, those who preregistered will be given priority.

*Special Energy Painting / 20 minutes / you keep the painting - LIMITED AVAILABILITY -Must pre register-\$50

Sign up Sheet at the Bar
For More information contact Shea at 732-642-0469

*If Preregistered, no refunds will be given

SAL MESSAGE

Greetings Comrades!

I hope everyone is having a great start to the new year. As we approach spring and the warmer weather months we are keeping busy in our Squadron with our events and doing what we can to assist the other units within our Post. We just had our annual Valentine's comedy show and it was a great success. We had 167 people in attendance and Ginger Ninja Productions, once again, provided us with great comics and lots of fun was had by all. Thank

you all that came out to the show and especially those who assisted morning, afternoon and evening. It's greatly appreciated and we couldn't do it without you. We are also running a TV raffle. We are raffling off a 65" Smart TV. Tickets are one for \$10.00 or three for \$20.00. You can get tickets from the bartender on duty or an SAL officer if one of us are there. You have to be in it to win it! Additionally, we will be starting to plan our annual Pig Roast and BBQ which is at the end of May. Stay tuned, more to come with that.

We will be finishing up nomina-

tion of officers in March and April with April being elections. ANYONE can be nominated as an officer as long as your membership is current and you are in good standing. Nominated positions are Commander, 1st Vice Commander, 2nd Vice Commander, Finance Officer, Chaplain, Sgt at Arms and Historian. Our meetings are the second Wednesday of each month at 7 p.m. in the downstairs meeting room. Lately our meetings have been well attended and we've seen a lot of new faces, which is fantastic. We would like to keep that going.

Membership. It's all about membership! We have been doing well so far but we still have a way to go to hit our number from last year. Those who have not renewed yet, your 2022 card is expired and cannot be honored at the Post. Please renew ASAP and if you know anyone who is eligible to join, please send them our way. Membership is what keeps us alive and we thank everyone for their continued support all these years. You can renew at the post, mail in your dues or conveniently pay online at:

www.salpost129.com.

Everyone be well and stay safe!

For God & Country,

Rocky Lucia
Commander - SAL Squadron 129



MURDER on the WATERFRONT

A Mob Mystery Dinner Theater

American Legion Post 129
2025 Church Rd
Toms River NJ 08753
A Benefit for COTA
Children's Organ Transplant Association

Saturday, April 22, 2023
Doors open 6:00 pm

MORE DETAILS TO FOLLOW

732-255-9250

The Godfather, Nolo Contendo, has called all the families together for a major announcement- and YOU'RE invited

"You is gonna come and you is gonna LIKE it"



To book a Murder Mystery or Interactive Event, call Theater To Go
(866) 701-2187 www.theatertogo.com info@theatertogo.com



CANTEEN NEWS

Eric Inauen

So Far, So Good. So far, Mother Nature has been kind and we all appreciate that our snow shovels are unused in the garage. Please Mother Nature, let it stay that way. I hope I didn't jinx it.

Our outside **Bunker Bar** will be opening on **Saturday, April 1** (April Fool's Day), at 5PM. You can bring "opening night snacks." The Bunker is now heated, so no more frozen bar stools and frozen behinds. As always, we try to improve the Bunker each year.

The Bar Committee would like to give a big thank you to Ocean County Corrections for helping us with our Spring cleanup. Thank you Officer Mike for supervising.



SAINT PATTY'S DAY PARTY:

Our annual St. Patty's Party will be held on Friday, March 17th all day long. At 7PM, entertainment will be provided by Wild Rose. Tom King and the Shamrock & Thistle Pipe & Drum Band will also be making an appearance. They both put on a great show.

The Canteen will be offering Guinness, Irish Coffee, Nutty Irishman's, and Leprechauns all week long. For our Jameson Drinkers, we have JAMESON, JAMESON ORANGE and JAMESON BLACK BARRELL. Chef Mike Speary from Ryan's Catering will be offering Corn Beef Platters and Sandwiches on the 17th, 18th and 19th, along with Ryan's

regular menu.

Speaking of Ryan's Catering, don't forget their "Saturday Night Specials." No, not the gun, the food. You get 2 salads, 2 entrees (you can mix and match) and a shared dessert for \$25 on Saturday Night. Try to get that at your local restaurant, with entertainment. Not Happening.



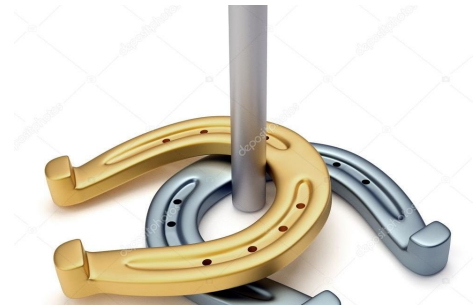
WIN A 65" SMART TV: Our Sons of the American Legion (SAL) Squadron 129 is raffling off a 65" TCL Smart TV. Tickets are 1 for \$10 and 3 for \$20 and are available in the Canteen. The winning ticket will be drawn on St. Patty's Day, Friday, March 17th. You do not need to be present to win. So, stop by, buy some tickets and support the SAL. They do a great job in supporting the Post



NFL DRAFT PARTY: On Saturday afternoon, on April 30th, the Canteen will be hosting our annual NFL Draft Party. This is the third and final day of the Draft when the 4th, 5th, 6th & 7th rounds are selected.

Coors Lite, Bud, Bud Lite, Miller Lite, Pabst, Mich Ultra & Yeungling pint drafts will be just \$2.00. There will be a discounted football menu. Wear your game

Jersey (numbers on front and back and players name on the back) and receive a Canteen surprise.



HORSESHOE LEAGUE 2023:

The start-up meeting will be held on Wednesday, May 3rd, at 6PM, down at the Bunker. All are welcome—Singles & Teams. If you are interested, there will be a sign up sheet behind the Bar in the Canteen. You can contact Mike Feimer (732-684-9790) or Dan Szpyt (732-996-4406) for more information.

For you first time readers:

The Canteen opens at 11AM daily. Ryan's Catering offers hot and cold lunch and dinners 7 days a week (lunches only on Mondays, until 5pm). We are the only American Legion Post in the State that provides this. Credit cards are accepted for Bar Tabs only. Members are required to show their up-to-date membership cards to the Bartender or Doorman and are required to sign in their guests into the guest book.

We have live entertainment every Friday and Saturday Night starting at 7PM. On Friday and Saturday Nights last call is 11:30PM and closing time is at Midnight. Closing times during the week vary based on the weather, the amount of Members in the Canteen, etc.

Our Hall has the seating capacity of 225 people and is available for rent by Members and non-Members. If you are interested in

holding a party or event, contact our banquet manager, Meghan, at 848-223-0610.



When we are open, you will be served drinks by our professional bartending staff. There are no "ham and egg" bartenders in the Canteen. Robin, Lori, Danielle, Shea, Carol Ann, Rocky, Donna, Joe and Rob are always happy to serve you. They will advise you of our drink specials which are posted around the bar. We change our Specials every two weeks. Some of our drinks are exclusive to this Post. Legionnaires may sign in 9 guests who are not Members. SAL & Auxiliary may sign in 1 guest. So, stop by with your friends and enjoy the food, the beverages and the fun.

VOLUNTEERS WELCOME: If you have some free time in the mornings, you may want to stop by the Canteen and help out. We start around 8AM. The Bar opens at 11AM. We prep the bar, ice, the pull tabs and the Hall for Bingo and Events. We, also, bring food and clothing to the Shelter for battered women. Our bathrooms are cleaned professionally, but we sweep and vacuum the floors and carpet. The coffee & soda are free, so stop by if you have the time.

Remember, when you support Post 129, you support the best Post in the USA.



Thank you to all these additional donors to the Post 129 Children & Youth Fund

Diamond Club \$500 or more:

The Sons of the American Legion (SAL) Squadron 129.
Chris Tubby

Gold Club (\$100 to \$249)

Stanley and Kathy Bilicki
Bob & Denise Joerg

Ray Sackmann
Frank Stack

Silver Club (\$50 to \$99)

Joseph Bowen
David Delestre
Diane Guadagno
Anthony Gural

Donald Hannon
Jim & Sue Harvey
Geoffrey T. Sharp

Bronze Club (\$25 to \$49)

Bill Browne
Thomas Buonavallonta
Woodrow "Bud" Carnes
Edward Feola

Edward Gregersen
Ken & Wanda Hart
Robert Mertrud
Maj. Jack Nolan Ret. USAF

CALENDAR OF EVENTS MARCH—APRIL—MAY 2023

LEGIONNAIRES:

March 17, 2022 (Friday)
March 19, 2022 (Sunday)

Remembrance Day
Remembrance Day
Legion College

INSTALLATION DINNER

Remembrance Day

AUXILIARY:

March 10, 2023 (Friday)
Remembrance Day

SAL:

May 27, 2023 (Saturday)

LEGION RIDERS:

April 22, 2023 (Saturday)

St. Patrick's Day
American Legion Birthday
Remembrance of Iraqi Freedom (2003)
March 29, Vietnam Veterans Day
April 11, 1991 Desert Storm Cease-Fire
April 28, 29 and 30, 2023

MAY, 2023 TBD

May 8, 1945, V-E Day

Psychic Fair 6PM-10PM
May 15, 1942, Women's Army Aux. Corp Established

Memorial Day Pig Roast 1-5PM
May 28, Rain Date for Pig Roast

Bike Blessing 11AM



Gerd Trommer—Events Committee

February		March 2023					April
Mon	Tue	Wed	Thu	Fri	Sat	Sun	
March 12 Daylight Saving Time Begins Spring Forward 1 hour		1	2 	3	4	5	
6 GENERAL MEETING 7 P.M.	7	8 S.A.L. MEETING 7 P.M.	9 	10 PSYCHIC FAIR 6:00 P.M.	11	12 Girl Scouts of the U.S.A. Founded (1912)	
13 AUXILIARY MEETING 7 P.M.	14	15	16 	17 	18	19	
20 BOARD/ TRUSTEE MEETING 7 P.M.	21	22	23 	24 BLOOD DRIVE 12 to 5 p.m. 	25	26	
27 RIDERS MEETING 7 P.M.	28	29 National Vietnam War Veterans Day 	30 	31			

MARCH ENTERTAINMENT

FRIDAY MARCH 3RD **RB EXPRESS**

SATURDAY MARCH 4TH **POWERTONES**

FRIDAY MARCH 10TH **SURE CATS**

SATURDAY MARCH 11TH **To Be Determined**

FRIDAY MARCH 17TH

WILD ROSE

SATURDAY MARCH 18TH

DECOY

FRIDAY MARCH 24TH

DJ LOUIE

SATURDAY MARCH 25TH

JUKEBOX GOLD

FRIDAY MARCH 31ST

THE MANGOS

Entertainment is scheduled from 7 to 10 p.m.
 Time, Venue, and band subject to change.

American Legion Auxiliary Flower Sale

To Benefit Veteran and Children Youth Programs

***Pre-Paid Orders Only ***



Orders must be **received by March 30, 2023**

Please leave order form & check made out to A.L.A. Unit



Each marked Flower Sale & place in the Auxiliary Mail Box in Canteen*

Price List

Annual Flats (48) \$ 15.75

Annual Herbs & Vegetables (4pk) \$ 2.50

Hanging 10" baskets @ \$ 15.50 each

Seed Geraniums 4.5 pot @ \$4.00 each

Questions Call

Laurinda Miller 732-272-7552

Or mail to: Laurinda Miller PO BOX 45 Island Hts., NJ 08732

Flower Pick Up: Thursday **May 4** or Friday **May 5 (11:00AM-4:00PM)** @ Legion

Your Contact Information

Name _____

Phone # _____ **Required**

Total Order \$ _____ Cash _____ Check _____ Check# _____

ORDER FORM

CUT AND MAIL YOUR ORDER



**Ocean County Memorial Chapter of the DAV meet at
Post 129 the 2nd Wednesday of the month at 7 PM**



AUXILIARY PRESIDENT'S MESSAGE

At this writing I hope everyone is enjoying this warm winter!! I hope you had the chance to help support our SAL with their Comedy show. I hope you all had the opportunity to come out to our Psychic Fair. Shea and Danielle did a fantastic job lining up these psychics.

We are getting ready for some new and fun projects coming in the next few weeks and hoping that you get the chance to come out and support the Auxiliary in these endeavors.

I want to add that if you have not paid your dues please speak to our Membership Chair Carol Rutzler.

If you are interested or have an idea for a fund raiser please come out to our meetings they are the second Monday of the month and share your thoughts and ideas with the Unit.

If you know of someone who likes to attend our meetings but needs help getting there reach out and offer assistance to your fellow Auxiliary member. I am sure it would be greatly appreciated, and one never knows what they may bring.

For God & Country
Pam Bowen
Unit President



RIDERS MESSAGE

Spring is in the air!

Well, not quite yet, but your American Legion Riders are doing their best to bring it here as soon as possible so we may get back out on our bikes. We hope everyone is having a safe and healthy Winter.

The Riders will be kicking off the season with our Annual Bike Blessing on Saturday, April 22, 2023. The event will start at 10 a.m., with the blessing of bikes beginning at 11:00. The Riders have not settled on the remainder of our calendar for the year as yet, but we should have it set by the next issue of SOUNDOFF.

We would like to remind all Riders that it is time for your 2023 dues. We are looking forward to another great year of spending time with one another and supporting the mission of the Post.

For God and Country,
Cliff Johnson
Director
American Legion Riders
Post 129



JOIN US AT THE POST
AND ENJOY ALL THE
UPCOMING EVENTS.

Flats \$15.75 (48) per flat

Share Flats with a FRIEND

Begonia Green Leaf

Specify F for flats & #

_____ Pink

_____ Red

_____ Rose

_____ White

Begonia Bronze Leaf

_____ Pink

_____ Rose

_____ Red

_____ White

Coleus

_____ Mixed Colors

Dusty Miller

_____ Silver Dust

Impatiens

_____ Burgundy

_____ Coral

_____ Pink

_____ Red

_____ Rose

_____ Salmon

_____ White

Marigolds

_____ Bee _____ Yellow _____ Flame

10" Hanging Baskets

@ \$ 15.50 each

_____ Fuschia

_____ Ivy Geraniums

_____ Million Bells

_____ Non-Stop Begonias

_____ Verbena full sun ok

_____ Supertunia & Wave Petunias

_____ Portulaca

Vegetables and Herbs (4 pk) \$ 2.50 each

_____ Basil

_____ Cucumbers

_____ Parsley Curly

_____ Parsley Italian

_____ Lettuce Romaine

_____ Eggplant Black

_____ Eggplant White

Peppers (4 pk) @ \$2.50 each

_____ Bell

_____ Habanero

_____ Cherry Hot

Seeded Geranium Pots 4.5 Pot

@ \$4.00 each

_____ Red

_____ Salmon

_____ White



Tomatoes(4pk) \$2.50 each

_____ Big Boy

_____ Celebrity

_____ Plum Tomato

_____ Beef Master

_____ Cherry Large

_____ Cherry Small

Tin Can Sailors meet at Post 129 on the 3RD
Wednesday at 12 noon.



April 2023						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
			BINGO Every Thursday		1 	2 
3 GENERAL MEETING 7 P.M.	4	5	6  ARMY DAY	7	8	9 National Former POW Recognition Day
10 AUXILIARY MEETING 7 P.M.	11	12 S.A.L. MEETING 7 P.M.	13	14	15	16
17 BOARD/ TRUSTEE MEETING 7 P.M.	18	19	20	21	22 MURDER MYSTERY DINNER THEATER 6:00 P.M.	23
24 RIDERS MEETING 7 P.M.	25	26	27	28	29	30

APRIL ENTERTAINMENT

SATURDAY APRIL 1ST **JOEY D**

FRIDAY APRIL 7TH **POWERTONES**

SATURDAY APRIL 8TH **WILD ROSE**

FRIDAY APRIL 14TH **THE BAND**
NEW

SATURDAY APRIL 15TH **NEW DAZE**
NEW

FRIDAY APRIL 21ST **PERFECT BLEND**
NEW

SATURDAY APRIL 22ND
JERSEY SHORE BAND

FRIDAY APRIL 28TH **DJ LOUIE**

SATURDAY APRIL 29TH
TERRY CIERI BAND
NEW

BE SURE TO CHECK FOR LAST MINUTE CHANGES
AND/OR CANCELLATIONS.
UPDATED FLYERS ARE POSTED IN THE CANTEEN



New Jersey Department of Military and Veterans Affairs

New lifetime pass available for Military Veterans and Gold Star Families to access public lands. Starting on Veterans Day, veterans of the U.S. Armed Services and Gold Star Families can obtain a free lifetime pass to more than 2,000 federal recreation sites spread out across more than 400 million acres of public lands, including national parks, wildlife refuges, and forests.

"We have a sacred obligation to America's veterans. This new lifetime pass is a small demonstration of our nation's gratitude and support for those who have selflessly served in the U.S. Armed Forces," said Secretary Deb Haaland, whose father served during the Vietnam War. "I'm proud the Department of the Interior can provide veterans and Gold Star Families opportunities for recreation, education and enjoyment from our country's treasured lands."

"Our national forests and grasslands represent so much of the beauty of the nation our brave service members have sacrificed so much for," said Agriculture Secretary Tom Vilsack. "Though they can never be fully repaid, by connecting the families of the fallen and those who served with

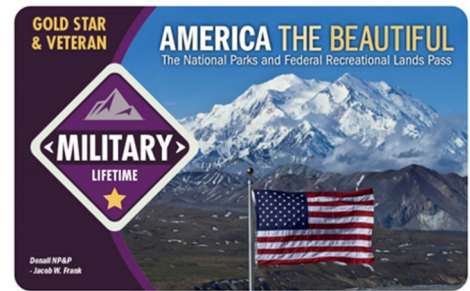
these iconic places, we can, in a small way, say thank you."

"The U.S. Army Corps of Engineers and our federal teammates are proud to honor our veterans with free lifetime access to more than 2,000 federal recreation areas across the nation," said Lt. Gen. Scott Spellmon, Chief of Engineers, U.S. Army Corps of Engineers. "This is a small token of appreciation for veterans who have bravely dedicated their lives to defending our freedom."

"This pass conveys our immense gratitude and respect for those who have given so much," said National Park Service Director Chuck Sams. "As a veteran, I know firsthand the many sacrifices that members of the Armed Forces and their families have made in service to our country, and I am thrilled that Gold Star Families and military veterans can now enjoy lifetime access to national parks and other public lands." Each lifetime pass covers entrance fees for a driver and all passengers in a personal vehicle (or passholder and up to three adults at sites that charge per person) at national parks and national wildlife refuges, as well as standard amenity fees at national forests and grasslands, and at lands managed by the Bureau of Land Management, Bureau of Reclamation and U.S. Army Corps of Engineers.

Veterans can present one of the four forms of acceptable ID (Department of Defense ID Card, Veteran Health ID (VHIC), Veteran ID Card, or veteran's designation on a state-issued US driver's license or ID card) at participating federal recreation areas that normally charge an entrance fee. Gold Star Families obtain information, self-certify they qualify and download a voucher on [NPS.gov](https://www.nps.gov).

The Alexander Lofgran Veter-



ans in Parks Act, passed in December 2021, authorized free lifetime access to federal lands to veterans and Gold Star Families. The new lifetime pass for veterans and Gold Star Families is in addition to the free annual Military Pass, which has been available to active duty servicemembers and their families since Armed Forces Day, May 19, 2012.

Federal recreational land management agencies offer additional lifetime passes, including a Senior Pass for US citizens or permanent residents over age 62 and an Access Pass for US citizens or permanent residents with a permanent disability. More information is available on [NPS.gov](https://www.nps.gov).

The Interior Department and other federal land agencies also offer fee-free entrance days for everyone throughout the year to mark days of celebration and commemoration, including the birthday of Martin Luther King, Jr., National Public Lands Day, and Veterans Day.





**New Jersey Department
of Military and Veterans
Affairs**

Attention all Veteran organizations, civic, and fraternal organizations with large Veteran membership numbers; as well as major corporations, and businesses that employ Veterans.

The New Jersey Department of Military and Veterans Affairs wants those eligible Veterans and their family members to receive the State of New Jersey Medals they qualify for and are due for their honorable military service.

Posthumous awards are also available.

For a description of each medal, eligibility information, and a medal application, please visit our website at: <https://www.nj.gov/.../veterans/services/awards/index.shtml>

Depending on COVID-19 restrictions, we can either come to your location to conduct a Medal

Ceremony or perform a “virtual” ceremony.

For more information, contact
NJDMAVA Veterans Outreach
Coordinator Chuck Robbins at
(609) 530-6855.

SUFFER FROM? BACK, HIP, NECK, OR SHOULDER PAIN?

Live without Pain!

Ask us about

Regenerative Medicine

A safe alternative to dangerous surgery and addicting drugs

Arthritis, Tendinitis, Rotator Cuff Tears, Carpal Tunnel
Tennis and Golfers' Elbow, Muscle Spasms and More!



864 Rt 37 W

Toms River, NJ 08755

732-503-4079

www.oceanintegrated.com

Medical Chiropractic Massage Infrared Sauna

volunteerism

the policy or practice of volunteering one's time or talents for charitable, educational, or other worthwhile activities, especially in one's community.

You can volunteer in our Post 129 community.



SOUNDOFF

March-April 2023

George P. Vanderveer
Post 129 American Legion
(Established 1919)
2025 Church Road
Toms River, NJ 08753

George P. Vanderveer Post 129 American Legion

PUBLISHED

6 times per year

DEADLINE

for the next issue (May-June 2023)
is April 15.

SUBMISSIONS

can be emailed to:

soundoff.al.post129@outlook.com

or via U.S. mail to: Al Harbord, 1038 Audubon Drive,
Toms River, NJ 08753.

ADVERTISING

business card advertising accepted for 6 issues (1 year). Single card \$75.00 Double card \$140.00.

**ON LINE AT
DISCLAIMER**

<http://soundoffalpost129.wix.com/soundoff>

errors—my dog did it.

SUPPORT THOSE WHO SUPPORT US:

George P. Vanderveer, American Legion Post 129,
2025 Church Road, Toms River, New Jersey 08753

Medicare Questions?

Let us be your resource!



DMP INSURANCE SERVICES

David M. Panetta, LUTCF

Cell (908) 313-5238

Office (732) 574-3717

DAVIDMPANETTA@COMCAST.NET

WWW.DMPINS.COM



Family owned and operated since 1992

PSC Contracting is committed to quality commercial
and residential work.

Providing top tier service, a client focused approach and exceptional
results.

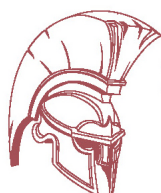
Concrete Work | Trench Work | Asphalt | Milling & Paving

Sealcoating | Crack Fill | Line Striping

174 Charlottesville Dr. South, Toms River, NJ 08757

(732) 557-9199

psccontractingandmaterials.com



FRASER BROTHERS GROUP, LLC

KENNEDY & WARD
INSURANCE AGENCY

SINCE 1903

Michell Merker

Account Representative

mmerker@kennedyward.com

www.kennedyward.com

Direct Phone & Fax 732-515-3468

732-389-1510 x112

1201 Sycamore Ave

Suite 103

Tinton Falls, NJ 07724



kw OCEAN LIVING
KELLERWILLIAMS REALTY

Dominick D. Lomanto
REALTOR® Associate

Cell: (646) 285-2260

Office: (848) 241-6955

Fax: (848) 241-3361

domlomanto@kw.com

I served you and our country then.

Allow me to serve you now.

Dominick Lomanto

Veteran - Realtor® Associate

C: 646-285-2260

O: (848) 241-6955

domlomanto@kw.com



Veteran
Now Realtor

Selling Your House...Buying Your Dream Home...I Can Help You Achieve Your Goals

Call Dom C: 646-285-2260

Inventory is Low and Demand is High!

AL's

HANDYMAN CARPENTER

Doors—Trim—Crown Molding

Deck Repairs— and more

908-502-2430

Certified Carpenter - Expert Repairs

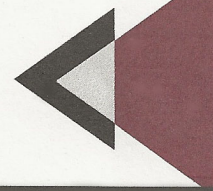
KEVIN HARMAN

RESIDENTIAL ROOFING REPAIRS

OVER 35 YEARS EXPERIENCE

QUALITY WORK

732-267-3448



ARE YOU SUFFERING?

**NECK, SHOULDER, HIP, KNEE
OR BACK PAIN?**

VA APPROVED ACUPUNCTURE!*

Available in Toms River by
Andrew Greenberg, L.Ac., M.Ac.



864 Rt 37 W
Toms River, NJ 08755
732-503-4079
www.oceanintegrated.com

*After consultation with your VA Healthcare Provider,
your out of pocket may be ZERO.

Is your computer running slowly?
Did your computer crash?
Don't replace it, fix it.



VIRUS REMOVAL COMPUTER REPAIR

- Virus Removal & PC Tune-up
- Laptop Screen & Keyboard Repair
- Data Backup, Recovery and Transfer
- Hard Drive Replacement
- iPhone/Android Repair

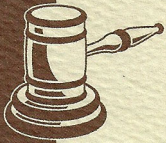
732-477-4005
www.jaydien.com

JAYDIEN NETWORK SOLUTIONS

Lion's Head Office Park
35 Beaverson Blvd. STE 3A
Brick, NJ 08723

10% OFF
WITH THIS AD

The Law Office of Bonnie R. Peterson
John A. Peterson, Jr. (Ret. Judge Sup. Ct. NJ, Of Counsel)



1201 SW Central Avenue
P.O. Box J
Seaside Park, NJ 08752
Bonnie R. Peterson
Attorney
brp@petersonfirmnj.com
732 830-5900
732 830-0027



**ENROLLED
AGENT**

Tax Problems?

I handle the IRS for you
Solve tax problems today

Gary M Canonico EA
46 Cory Drive
Toms River NJ
Veteran US Navy

Call for free consultation
732-240-1787
taxreliefstrategy@gmail.com
Member Post 129



**PET
SICK?
VET CLOSED?**

Priority Vet®

AFTER-HOURS URGENT PET CARE

OPEN NIGHTLY 6PM to MIDNIGHT

- No Appointment Necessary
- State-of-the-Art Hospital For Dogs And Cats

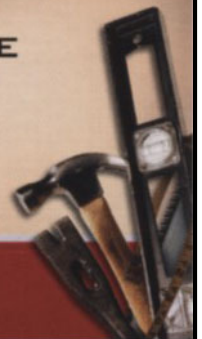
732-733-2911

CONVENIENTLY LOCATED IN
TOMS RIVER!

226 RTE 37 WEST • TOMS RIVER
Minutes from Garden State Pkwy - Exit 82A

TOMMY DE'S HANDYMAN SERVICE

TOM DELORENZO
NO JOB TO SMALL
201 446-0038



WEEDING, MULCHING, PAINTING & MORE

ASSEMBLING:
TOYS, BIKES, GRILLS
& FURNITURE

SMALL ELECTRICAL:
INSTALLED & REPAIRED
LAMPS, FANS
& MORE

POWER WASHING & SNOW REMOVAL

WE APPRECIATE REFERRALS

★ Veteran US Navy
Michael Dolan—Owner



908-902-4117

Pioneer Painting & Decorating LLC

Residential - Commercial - Churches

908-902-4117

- ★ Kitchen Cabinet Refurbishing
Stain or Paint
- ★ Featured In Home And Garden Magazine
- ★ 30 Years In Business
- ★ Honest-Professional-Reasonable
- ★ "It's A Matter Of Trust"
- ★ Active Member and Supporter
American Legion Post 129
- ★ I Hire And Refer Veteran Small
Business Trades and Professionals
- ★ Support Your Veterans - Hire And
Buy American And We All Work

JERSEY COAST APPLIANCE VETERAN OWNED



"The Working Man's Store"

Blue Collar Pricing!

ALL MAJOR APPLIANCES
CENTRAL HEATING & COOLING
SALES·INSTALLATION·SERVICE

Ralph E. Wolff

800-559-0122

www.jerseycoastappliance.com

18 Route 37 E · Toms River · 732-240-2262

Whiting Shopping Center · Rt. 530 · Whiting, NJ · 732-350-4425

EST. 1972

D. MALONY

DRIVEWAY SEALING

*Hand applied by brush & roller

*100% guaranteed – fully insured

*Largest hand sealer of Monmouth/

Ocean County since 1972

Please call for an estimate

Toms River, NJ

(732) 244-0510

OZANE PEST SERVICES



OCEAN
(732) 349-0559

MONMOUTH
(732) 780-6464

"Protecting the health and
property of our customers
for over 90 years"

www.ozane.com

1761 Lakewood Road · Toms River



1761 Route 9

Toms River, NJ 08755
Phone (732) 349-7090

Hours of Operation:
Tues. - Sat. 10:00am - 3:00pm
www.insectropolis.com



Carmona ~ Bolen
Home for Funerals, LLC



FAMILY OWNED & OPERATED Since 1980

Competitively Priced to Meet All Your Funeral & Cremation Needs

Traditional Funerals
Cremations • Memorials

Complimentary Memorial Package

With mention of ad for at-need
and pre-need arrangements.

**VETERAN &
FIRST RESPONDER
DISCOUNTS
OFFERED**

Toms River - 732.349.1922 | Whiting - 732.350.0003

Serving All Faiths

Lawrence G. Bolen, Founder

Michael J. Defonzo Jr., Manager • NJ Lic #4075

www.carmonabolenfh.com

ORIGINAL RECIPE MADE FRESH DAILY



OB-CO'S DONUTS

547 Fischer Boulevard, Toms River, NJ

732-270-3882 R.W. Browner, Jr.
President

Accepting Contingency Resumes and Job Descriptions
Engineers - IT - Computers - Networks - Sales/Marketing
- Legal - General Management - Financial - Health Care

Express Contract & 20% Contingency Search
GARY R. ALEXANDER
Senior Consultant / Shihan
Recruitment, Staffing and Placement

Telephone: 732-887-2516
E-Mail: garyalexander383@gmail.com
New Jersey-New York-Metro, area




502 Baking Company
Baking Your Day Sweeter!

502 Brick Boulevard
Brick, NJ 08723
Phone: (732) 477-4502

Toni Marie and Judy Celeste, Co-Owners

Email: 502bakingcompany@gmail.com
Website: 502bakingcompany.com

Navy Veteran NJ License # 10361



**STEVE SCILLIERI
PLUMBING & HEATING**

76 15th Street, Toms River, New Jersey 08753
(732) 255-4669

M.A.F.
Home Improvements, LLC



RESIDENTIAL & COMMERCIAL
Licensed & Insured

Mike Feimer, Owner &  SAL Member Post 129

732.684.9790
mafhomeimprovements@hotmail.com / Lic#13VH05783700

TERRANCE L. TURNBACH
STARKEY, KELLY, KENNEALLY, CUNNINGHAM & TURNBACH
COUNSELLORS AT LAW

2 HOOPER AVENUE
TOMS RIVER, NJ 08753

(732) 701-3500
(908) 433-9151 CELL
(732) 240-5637 FAX

EMAIL TTURNBACH@STARKEYKELLY.COM
WWW.STARKEYKELLY.COM

**Urner
Barry**
DESIGN.PRINT.MAIL

JAY BAILEY
ACCOUNT MANAGER

PHONE 732-575-1980 x257
FAX 732-240-6332
jbailey@urnerbarry.com
www.ubprint.com
1001 Corporate Circle, Toms River, NJ 08755



Armstrong Electric
No Job Too Small
N.J. Lic. #16732

Chris Armstrong
Owner
Over 20 years of experience

Toms River, N.J.

732-255-7763

Smart Home Service
Don Worth
732 684-9369



Home Remodeling, Maintenance & Repairs

Email: Smarthomenj@gmail.com Visit our Website: www.Smarthomenj.net
Instagram: @Smarthomenj



702 Elizabeth Avenue
Toms River, New Jersey

BEST PAVING INC.
Over 40 Years Experience

Ernest Chapman
Ernest Chapman, III
BestPaving1@yahoo.com

732-270-5249
732-657-7266
Fax: 732-657-3050



SOUNDOFF

GEORGE P. VANDERVEER
 AMERICAN LEGION POST 129
 (Established 1919)
 2025 CHURCH ROAD
 TOMS RIVER, NEW JERSEY 08753
 732-255-9250

NON-PROFIT
 U.S. POSTAGE
 PAID
 TOMS RIVER, NJ
 08754
 PERMIT NO. 71



LE-ED CONCRETE & SUPPLY CO.

Serving Ocean County for 50 Years

1609 LAKEWOOD ROAD
 TOMS RIVER, NJ
 732.341.4546

294 SOUTH MAIN STREET
 BARNEGAT, NJ
 609.607.9300

575 CORPORATE CIRCLE
 TOMS RIVER, NJ
 732.240.5588

DECORATIVE STONE

LANDSCAPE SUPPLIES

MASONRY MATERIALS

SAME DAY DELIVERY AVAILABLE

EXCEPTIONAL CUSTOMER SERVICE

OPEN YEAR
 ROUND

OCEAN COUNTIES LARGEST PAVER DISTRIBUTOR

NEW JERSEY'S LARGEST INVENTORY OF EP HENRY, TECO-BLOC & UNILOCK

EP HENRY.
 EXCELLENCE SINCE 1903

Teco-Bloc
 Precious Stones

UNILOCK



AMSG *Your bridge to retirement*
 ASSET MANAGEMENT SERVICES GROUP, Inc.

Thomas K. McNeill
 Chairman-CEO

4 Palm Springs Ct
 Toms River, NJ 08753

Voice: 732-581-9920
 Fax: 848-210-9611

Email: tkmceo51@gmail.com

Who I am: I have over 40 years financial services experience, 38 of them in investment management.

What I do: Construct a portfolio that meets YOUR needs, then monitor them on a daily basis and make adjustments as necessary

How I do it: I use a formula I developed over the last 38 years to make buy and sell decisions in conjunction with current events.

Where is my account held: E*Trade Securities, Jersey City, NJ – NO Commissions.

How much does this service cost: Minimum account is \$10,000 and fees start at 2% per year and DECREASE as account grows. Fees are taken from the account quarterly in arrears.