George P. Vanderveer Post 129 American Legion (Established 1919) 2025 Church Road Toms River, NJ 08753

George P. Vanderveer Post 129 American Legion

COMMANDERS MESSAGE

Brothers and Sisters,

I hope everyone is having a safe and healthy summer. I would first like to offer my condolences to the family of our Brother Mel Aballo who has passed on. Mel was a wonderful person and a true Brother to us here at Post 129.

Most of us have noticed the beautiful job PSC Contracting and Sal Scacciaferro have done on the sealing and striping of our parking lot. What most of you don't know, Sal did the entire job for free! He did this for us in honor of his father Sal Scacciaferro Sr. a Navy Veteran who has passed on. Thank you Sal.

The new proposed By-Laws changes are available for your review on our website. They have been approved by the By-Laws Committee and the Executive Board and will be voted on at our October General Membership Meeting.

In closing I would like to say God Bless our Post, God Bless the American Legion and God Bless America.

Pete Chafatelli—Commander

September 24, 2022 New Jersey Run For The Fallen Arriving at Post 129 at 6:00 p.m.



Emilio "Mel" Aballo 11/7/58 - 8/14/22



It is with a heavy heart that we have to announce the passing of Mel Aballo.

Mel was a great friend, a hard worker and a dedicated father. Mel always put his kids first. He has a son and two daughters and has always had their best interest in mind. He was so looking forward to his son's wedding in October.

Mel was the kind of guy who would give you the shirt off his back. Growing up in Toms River, Mel attended Seton Hall where he played baseball with them. He had to be a good athlete, as this is no

small feat. Mel was a dedicated and proud employee of UPS for many years. He worked the overnight shift. I don't know how he kept those hours and was still able to do what he's done. In addition to UPS, Mel was a very handy man and did many side jobs for family and friends. There were days he would get done at UPS at 8 and go right someone's house to help them. Whether it be putting down floors, drywall, painting, etc. he could do it all and did whatever it took to help

someone

Mel was also a dedicated and valuable member of the Sons of the American Legion (SAL) Post 129. He's done so much for the American Legion Family we could never list it all. As a long time officer of the SAL, Mel was nominated and elected to be the new SAL Commander this year just before he fell ill. It was so deserved. Mel took over membership and ran with it. We are the largest Squadron in the State and to do what he did with membership is no small task and we are so very appreciative.

We are still all in shock that Mel will not be around the Post any longer. He is irreplaceable. He is now in the SAL Post everlasting.

He will always be with us during every meeting, every event and every day. Please keep his children, family and friends in your prayers. God Bless.

For God & Country, Rocky Lucia Commander SAL Squadron 129



FACEBOOK: https://www.facebook.com/groups/post129/

WEBSITE: https://alpost129.org/

MEMBERSHIP REPORT

I hope that this issue of our SOUNDOFF finds our Legion family in good spirits and health. July 1st started our 2023 Membership year. I would like to thank all the Early Birds that have sent in there 2023 dues. Our goal this year is 1651. At this time, we are behind last year's numbers, so I am asking all our Legionnaire's to please send in their dues. We need all the help that we can get to help support all the great programs that the American Legion does for its

Veterans, their Family Members, and the Community where we live. Without members there would be no Legion programs, we would have no voice on Capitol Hill. Without members, there would be no accomplishments in assistance and support for our Veterans across the Community, State and Nation. But The American Legion has recorded consistent accomplishments for Veterans and their Families since 1919. We cannot do this alone. Your dues make this possible

I am asking our Legion Family Members to continue to reach out to our fellow legionnaires to see if they are okay and if they need any help or just to give them words of encouragement during these trying times. It is called The Buddy Check and it is what we do, Veterans taking care of Veterans and their Families.

Stay safe, be well, and remember as a Legion Family we can accomplish great things. Remember Membership is the Lifeblood of The American Legion. Anyone that needs any information or Questions about membership you can contact me at rig548@comcast.net or cell # 732-604-8326

Remember **BPOTS BE PART OF THE SOLUTION**

For God and Country
Rich Godfrey
Department of New Jersey
Membership Chairman
PDVC



THANK YOU

Sometimes the simplest things mean the most. I'm grateful for friends like you-who make good times better, and hard times bearable. Thanks to the Legion, our Auxiliary, the SAL and Riders for all the good wishes I received for a speedy recovery; I think it's working!

Thank you, Darlene Scheiderman



EGION LEGION



- Today, the #1 issue facing those who served is veteran suicide.
 - Let's stop talking about how many veterans we are losing and start talking about
 The One we can save.
- The stigma associated with mental health issues is a barrier to veterans seeking assistance.
 They fear loss of their job, think they can handle their situation themselves, or don't think others can understand their situation.
 - The American Legion is activating a national ad campaign to **destigmatize** mental health issues. Make it okay for veterans to ask for help.
- Family members may be the first to recognize the signs that their veteran needs help, but they may lack the knowledge of how to approach the situation.
 - The American Legion will increase peer-to-peer education and resources for local communities. (Example: Buddy Check)
- There are several innovative programs either funded by the government or private nongovernmental organizations that help veterans in crisis, but they often lack funding or broadbased visibility. (Example: Digital Therapeutics, One More Day)
 - The American Legion has begun exploring ways to help these organizations amplify their efforts, in turn helping save <u>more</u> veterans.

Key Messages

PUBLIC

The American Legion needs your help in ending veteran suicide.

- Be the One to:
- **Ask** veterans in your life how they are doing.
- Listen when a veteran needs to talk.
- **Reach out** when a veteran is struggling.
- Sign up for email updates at betheone.org

VETERAN

- Be the One to:
- **Talk** with others about how you are feeling.
- Ask for help when you know you need it.

If you are a veteran in crisis:

- Call 988 and Press 1
- www.veteranscrisisline.net

OPPORTUNITIES ARE LIKE SUNRISES. IF YOU WAIT TOO LONG, YOU MISS THEM.

Every day we miss many of life's most rewarding opportunities. Opportunities of love, happiness, and compassion come our way in forms that sometimes we do not recognize and therefore miss. Take for instance your neighbor that might be struggling with isolation. Or a family member who is fighting depression.

It is all too often we miss opportunities in this life because we are too busy waiting for them to fall into our lap that we do not feel them tapping on our shoulders. I have learned that opportunity is never lost because someone else, who is paying attention, will take the ones you miss.

The American Legion buddy check opportunity is an opportunity for all of us to perform our most sacred responsibility; to look out for each other and our fellow veterans. But why wait for that one week in the year that is dedicated to that purpose? Why not take a quiet moment to feel the tap on your shoulder or to hear the whispered plea for help in your ear.

The truth is that as Thomas Edison put it: "Opportunity is missed by most people because it is dressed in overalls and looks like work." Sometimes the work is worth the reward.

Our Post's Finances

Speaking of opportunity: Your Post's finances are in good order. The 2022/2023 budget is completed, and we are off to a good start. We are hoping that inflation does not negatively affect the outcome of our strategic plan too much and

have made the necessary adjustments in the budget to account for that possibility. Our balance sheet will show that funds have been restricted and set aside for emergency use and that we are engaging in a solid plan to pay off the mortgage on the property at an accelerated

pace.

Thanks to the budget committee for all their hard work in putting together this year's financial plan.

Ralph Wolff Post 129 Finance Officer







ONE DAY ONLY - OCTOBER 19, 2022 SHOP 8AM - 11PM

25% OFF SALE PRICE SHOPPING PASS

This pass entitles you to 25% off' your purchases in-store and cannot be used in conjunction with other discounts and promotions.

Present this pass at time of purchase to receive your **25%' discount**.

Valid October 19, 2022 only.

*See reverse side for a list of merchandise receiving 15% and 10% Off as well as exclusions.

REGISTER TO WIN A \$100 BOSCOV'S GIFT CARD

One winner per store.

SHOPPING PASSES: \$5 EACH

Available from your favorite non-profit.

100% of your donation benefits the local non-profit organization from which you purchased this pass.

For more details visit boscovs.com/friendshelpingfriends

McGUIRE AIR FORCE BASE FOOD PANTRY FRIENDS

Good afternoon.

Brothers, Sisters, Friends, and Veteran/Active-Duty Warrior Supporters, "WE" have done amazing things supporting the Red Cross Food Pantry on McGuire, Fort Dix, and Lakehurst Tri-Base, aka M.D.L.

We supplied over 100,000 lbs. of food and the necessary material items to operate a food pantry that serves over 125+ families per week...THANK YOU!

With inflation and more families being relocated to M.D.L. the need is increasing, the problem as with all non-profit organizations, the summer is a very slow time of year and the inventory and the bank roll we built up to get us through these hard times is taking a serious hit.

These warrior families need your help, so that their warrior spouse, on the front lines of our nation's defense, can go to work knowing someone...us...have their back helping them to take care of their families as they stand for us.

I have attached a needs list if that is your desire to serve in this manner

OPTION 1 You can drop off supplies at American Legion Post 129 at 2025 Church Road in Toms River,

OPTION 2 Call me and I will come and pick up your donation ANY-WHERE, **732 685 7768**

OPTION 3 if you would like to make a cash donation: make out the check to MSA (Military Support Alliance) I am a long time board member.

(We had to open our own account for audit purposes please go to our web site for more information about the MSA http:// www.Militarysupportalliance.org/)
Or Face book at military support alliance of new jersey

Please send to the Toms River American Legion Post listed in

OPTION 1 ATTN: Ralph Wolff Post Finance Officer

Please contact me if you send a check so we can look for it in the mail (thank you)

Please, the need is greater than ever, let us show our brothers and

sisters on the front lines that we are here for them.

For God and Country

Michael Schaffer State Chaplain Department of New Jersey P.P.C. George P. Vanderveer Post 129 2025 Church Road Toms River N.J. 08753 732 255 9250 office 732 685 7768 cell













Non-perishable food items supporting Military Families at Joint Base McGuire-Dix-Lakehurst and NWS Earle

Canned Meat/Protein

- Tuna
- Chicken

Dry Pasta

- Spaghetti
- Elbows
- Penne
- Rotini
- Egg Noodles
- Mac & Cheese Dinner
- Noodle Based Sides

Sauces

- Spaghetti/Pasta Sauce (24-28 oz)
- Tomato Sauce

Canned Pasta

- Chef Boyardee
- SpaghettiO/Spaghetti

Ramen Noodles

- Packets (6 pk)
- Instant Cups (3 pk)

Shelf-Stable Milk

Breakfast Food

- Cereal
- 10pk Instant Oatmeal
- · 6pk Breakfast Bars
- 6pkToaster Pastries
- Pancake Mix

Canned Soup

- Campbells Tom/ChNdl
- Progresso
- Chunky
- Healthy Choice

Canned Beans

- 16-22 oz Pork & Beans
- Chili and Beans
- Black Beans
- Garbanzo Beans/Chick Peas
- Kidney Beans

Canned Vegetables

- Corn
- Green Beans
- Peas
- Tomatoes

Rice

- White or Brown,1 lb Bagged
- Minute Rice (28 oz)
- Flavored Sides

Dried Beans

- 1 lb Black Beans
- 1 lb Kidney Beans

Spreads, Condiments

- Peanut Butter
- Pancake Syrup
- Salad Dressings
- Ketchup/Catsup (20-32 oz)

Baking Needs

- Brownie Mix
- Cake mix
- Muffin mix

Cookies & Crackers

- Family Sized Package
- Individual Snack Size

Granola/Energy/Trail Bars (6-8 pk)



ADDITIONAL ITEMS: BREAKFAST SYRUP, MUSTARD, MAYO, ASST SALAD DRESSINGS

AUXILIARY MESSAGE

As of this writing we have had our August meeting and we have discussed unusual ways to have fund raisers. If you have any ideas or thoughts of fund raisers, please contact me @ bowenpame-la23@yahoo.com and I will forward the information to our Ways and Means Chairman Bernice Cloos. However, if you have Bernice's contact information then please contact her and let her know your ideas.

We have been working on our 10 for 10 Education drive and our committee chairperson Lena Milling was very excited by the responses she had received. Thank you to all who had supported this project in the past. We have been very successful in helping our children with going back to school with the proper tools to help them succeed!

At our August meeting we welcomed back Shea Solliday, our 2nd Vice who was out with an illness, and it was GREAT seeing her as everyone was very happy to see her there as well! Welcome back!

Also, during our meeting, we installed Marianne Kosakowski as the incoming Correspondent Secretary CONGRATULATIONS Marianne, and we are looking forward to a great year!

We also presented our Ways & Means Chairman Bernice Cloos with the award of HONORARY LIFE MEMBER!! CONGRATULATIONS to you Bernice, well deserved!

We are working together to make our Unit stronger and successful after a difficult time with COVID. Things are starting to turn around and getting back to some normalcy. Make sure you pay your dues! Our membership chairperson Carol Rutzler will help you with your membership. If you pay by November 1^{st,} it is \$30.00, so please get your dues in. The earlier the better. If you have daughters, granddaughters sign them up in our Junior's Membership they will have lots of fun and learn ways to help our Veterans and the community.

Come on out and attend our meetings. If you know someone see if you can share a ride and join in our ideas and commitment to our Veterans. It is a new day a new year and let us work together to make it a GREAT one. Our meetings are the second Monday of the month at 7 p.m. So again, come on out and see what we are doing and even join a committee and let us help each other out!!

For God & Country
Pam Bowen
Unit President

AUXILIARY MEMBERSHIP

This is just a reminder that we have now started our 2023 Membership Campaign. Please be advised that our dues have increased to \$35.00. We know that due to the COVID crisis, it has been a rough few years for many of us, and we would like to offer you an "Early Bird" special, if you pay your dues before November 11, 2022, your dues will only be \$30.00. Please note that I must receive your dues before November 11, 2022. Kindly make check payable to the A.L.A. Unit 129 for \$30.00. You may drop it off at the Post on Church Road (be sure to write attention Carol on the envelope), or in the alternative, you can mail it directly to me: Carol Rutzler, Membership Chairman, Unit 129, 13 Palisades Drive, Toms River, NJ 08753.

After November 11, 2022, dues will be \$35.00.

Thank you all for your continued support. I hope you are all finding time to enjoy the summer season.

Carol A. Rutzler Membership Chairman A.L.A. Unit 129



Starting July 16 2022, 988 will become the nationwide 3-digit dialing code for Mental Health Crisis and Suicide Prevention.

988 will connect people to the existing National Suicide Prevention Lifeline. Compassionate, accessible care and support will be available for anyone experiencing mental health-related distress, thoughts of suicide, mental health or substance use crisis. People can also dial 988 if they are worried about a loved one who may need crisis support.

When you **call** or **text** to 988, or chat through https://988lifeline.org/chat/, a trained counselor will listen to you, understand how your problem is affecting you, provide support, and share resources that may be helpful.

The existing phone number for the National Suicide Prevention Lifeline—1-800-273-8255 - will continue to be available even after 988 is operational.

From: New Jersey Department of Military and Veterans Affairs

RIDERS MESSAGE

Hello American Legion Family

The Riders hope everyone had an enjoyable Summer.

Despite July Thunderstorms, the weather was good to us during our July Bike/Car Cruise Nite. Some AWESOME looking cars and bikes arrived for everyone's enjoyment and made for great conversations. Thank you to all who participated. Cannot wait to see everyone at our Car/Bike Show.

Several of our Post 129 Riders attended Post 348 Riders 14th Annual Rib Off. Event was awesome. Everyone had great time!

Everybody had a fun time at Our Country Western BBQ. The Riders Thank All who helped and supported this Event. We are already planning an even LARGER Event for next year. We will keep you posted.

We will be closing our Outdoor Events with the Bike/Car Show Nite. To be held on Tuesday, September 13, 2022, 6:00-9:00 p.m.. Tickets at the Gate \$10. Food & Drink. DJ Louie has an awesome arrangement of music for our pleasure. This is a People's Choice Show with Trophies to be presented. So come on out for an evening of great bikes, awesome cars, sweet music, and a super group of friendship.

The Riders will be around to support the American Legion Family with their upcoming Events. Also, will be Riding, visiting other great Posts and Supporting Organizational Events throughout the Fall.

I wish to Thank All the Legion Family who helped and supported Our events this year. The Riders do appreciate the effort given by all.

I am going to take this opportunity to Thank my Rider Family for all the support they have given me this year. Vice Director Mike Dorick, Sgt @ Arms Joe Guerino, Treasurer Patty Rubino, Secretary James Fischer, Membership Committee Mike Dorick, Chaplain Mike Schaffer, Safety Coordinator Mark Negrotto. Also, My Road Captains. All our Riders who helped throughout the year.

Thank You! For God & Country God Bless Cliff Johnson - Director American Legion Riders Post 129







American Legion Riders Post 129

Bike and Car SHOW

Music by DJ Louie with Karaoke

All paid entries receive a card to vote for the best Car and Bike. Winners will be announced and receive trophies.

Tuesday September 13th, 2022 6:00 to 9:00 PM AMERICAN LEGION POST 129

2025 CHURCH ROAD + TOMS RIVER + NEW JERSEY

\$10.00 per person includes:

Music, Burgers, Hotdogs, soft drinks and salad

CASH BAR





CANTEEN NEWS

Another great Summer has flown by. Hopefully, the 100-degree days are behind us. Our Members have been enjoying the numerous activities and events that we hold at the Post. Whether it is the entertainment on Friday and Saturday Nights, Horseshoes on Wednesday Nights, Bingo and Corn Hole on Thursday Nights or just coming to be with their friends, Members and their guests have been turning out in record numbers.

We are becoming a meeting place for our lunch time groups. The Jersey City Firefighters and other departments are always here on Tuesdays. The Thirsty Thursday Ladies are here on Thursdays. The Kearny Boys are here on the 2nd Thursday of the month. The Tin Can Sailors are here on the 1st and 3rd Wednesday of the month. The Point Pleasant crowd hangs out one Wednesday a month.

Remember, Legionnaires can sign in 9 guests and SAL Members and Auxiliary can sign in one guest when coming to the Post. Ryan's Catering, who cooks our food on the premises, offers a regular menu and daily specials, 7 days a week. There are also drink specials that change every 2 weeks. The Canteen also serves non-alcoholic Coors Cutters and Heineken Zero, along with soda, ice tea and coffee. So, stop by with your friends, make some new friends, and even start your own group.

Are you ready for some Football? On Football Sundays, we will be offering a special discounted football menu. Coors Lite, Miller Lite, Bud, Bud Lite, Yeungling, Mich Ultra and Pabst Drafts will be \$2.00. So, stop by, watch and root for your favorite teams on one of our 8 Smart

TV's. You can also catch the games down at the Bunker Bar until November.

Speaking of Football, the <u>SAL</u> (<u>Sons of the American Legion</u>) will be hosting their second (2nd) annual Football Tailgate Party down at the Bunker Bar, on Sunday, September 18th, from 1 p.m. to 5 p.m. Tickets are at the door for \$20 and includes burgers, hot dogs and draft beer. On that day, the Giants play the Carolina Panthers and the Jets go up against the Cleveland Browns. Both games are at 1 p.m..

The RIDERS will be holding their last Bike & Car Night down at the Bunker Bar on Tuesday, Sept 13th, from 6PM to 9PM. Tickets are \$10 each and includes Hot Dogs or a Cheeseburger and a soda. Entertainment is by the ever-popular DJ Louie. This is the last Rider fundraiser for the year, so come on out and show them your support.

LINDOOR SHUFFLEBOARD& CORN HOLE will be starting up in September on Tuesday and Wednesday Nights respectively.

For information contact the bartenders at the Canteen.

Speaking of our bartenders, the Bar Committee would be remiss if they did not recognize the great job that they do. *Thank you*,

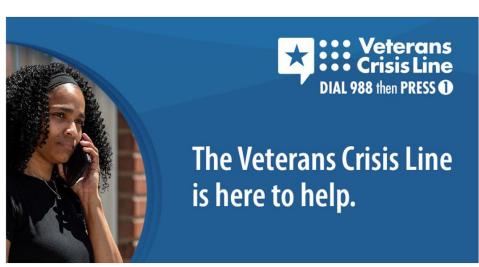
Robin, Lori, Danielle, Shea, Rocky, Carol Ann, Donna, Joe, Jessica, Linda and Angie for the fantastic job that you do.

A *Thank You* to all the behind-the-scenes Members, who keep everything running smoothly. EVERYDAY, Bobby Joerg, Ed Rutzler, John Holterman, Dale Harpe, Kenny Benner and Frank Del Nero get everything prepped so we can open in the Canteen, Bunker Bar and the Hall Bar. They also do the Picnic Area and Hall set-up for events. A thank you to Bob Pedersen, who volunteers at the door on Friday and Saturday nights.

HALLOWEEN PARTY: Our annual Halloween Party will be held in the Canteen, on Saturday, October 29th, from 7 p.m. to 10 p.m.. The Mangos will be providing the entertainment. There will be food and drink specials. Three prizes will be awarded to the Best Costumes.

REMEMBER, when you support Post 129, you support the greatest Post in the USA.





September 2022 Oct 2022 ▶									
Sun	Mon	Tue	Wed	Thu	Fri	Sat			
New Jers	ptember 24, 20 sey Run For T at Post 129 at	he Fallen		1 B I N G O 7 25 44 57 62 15 22 40 50 70 11 30 555 46 74 2 28 37 55 68 10 27 39 59 75	2 V-J Day	3			
4	Labor Day	6 General Meeting 7 p.m.	7	8 I N G O 7 25 44 57 62 15 22 40 50 70 11 30 555 46 74 2 28 37 55 68 10 27 39 59 75	9	U.S. Naval Sea Cadet Corp Incorporated (1962)			
National Day of Service and Remembrance	12 Auxiliary Meeting 7 p.m.	l3 Bike And Car Show	SAL Meeting 7 p.m.	15 B I N G O 7 25 44 57 62 15 22 40 50 70 11 30 500 46 74 2 28 37 55 68 10 27 39 59 75	POW/MIA Recognition Day	U.S. Constitution Approved (1787)			
U.S. Air Force Established (1947)	Board/ Trustee Meeting 7.m.	20	21	22 B N G O 7 25 44 57 62 15 22 40 50 70 11 30 50 74 2 28 37 55 68 10 27 39 59 75	23 Autumn Begins	24			
Gold Star Mother's Day	Riders Meeting 7 p.m.	27	28	29 B N G O 7 25 44 57 62 15 22 40 50 70 11 30 2 28 37 55 68 10 27 39 59 75	30				

SEPTEMBER ENTERTAINMENT

FRIDAY, SEPTEMBER 2ND

WILD ROSE

SATURDAY, SEPTEMBER 3RD

LENNY DAVIS BAND

FRIDAY, SEPTEMBER 9TH

JOEY D

SATURDAY, SEPTEMBER 10TH

TAD SCHAEFER & THE TROUBLEMAKERS

FRIDAY, SEPTEMBER 16^{TH}

THE BLACK TIES

SATURDAY, SEPTEMBER 17TH

STEVE AND DEBBIE

FRIDAY, SEPTEMBER 23RD

DJ LOUIE

SATURDAY, SEPTEMBER 24TH

DECOY *NEW BAND*

FRIDAY, SEPTEMBER 30TH

JUKE BOX GOLD

⋖ Se	ep 2022		October 2022					
	Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	BINGO e	very Thursday Play starts	y-Doors open at 5 p.m. at 7 p.m.		7 25 44 57 62 15 22 40 50 70 11 30 555 46 74 2 28 37 55 68 10 27 39 59 75		1	
2		3 General Meeting 7 p.m.	4	5	6	7	8	
9		10 Columbus Day (observed)	11 Auxiliary Meeting 7 p.m.	12 SAL Meeting 7 p.m.	U.S. Navy Established (1775)	14	15	
16		17 Board/ Trustee Meeting 7.m.	18	19	20	21	22	
23		24 Riders Meeting 7 p.m.	25	26	27 Navy Day	28	29 HALLOWEEN PARTY	
30		31 Halloween	Halloween Party in the Canteen October 29 th 7—10 p.m. Costumes—Food and Drink Specials					

OCTOBER ENTERTAINMENT

SATURDAY, OCTOBER 1ST

WATERFRONT

FRIDAY, OCTOBER 7TH

THE DANCE BAND

SATURDAY, OCTOBER 8TH

WILD ROSE

FRIDAY, OCTOBER 14TH

DJ LOUIE

SATURDAY, OCTOBER 15TH

COASTAL VIBES

FRIDAY, OCTOBER 21ST

SURE CATS

SATURDAY, OCTOBER 22ND

RB EXPRESS

FRIDAY, OCTOBER 28TH

BEACH TOWN RODEO

SATURDAY, OCTOBER 29TH

THE MANGO'S

Entertainment is scheduled from 7 to 10 p.m. Time, Venue, and band subject to change.

SAL MESSAGE

Greetings comrades!

Here we are going into the fall months. Where did the summer go in the blink of an eye? Anyhow, I hope everyone is enjoying the summer months.

We have been keeping busy at 129. We have been doing everything we can with assisting our legion family and their events and will continue to do so. This is a relatively slow time of the year for us but our next event we are planning is our 2nd annual football tailgate party on Sunday, September 18th. We will have a projector outside along with the TV's at the bunker bar to show the 1 p.m. and 4 p.m. game(s). I'll send out a flyer and additional information once we get closer.

Also in September is our Legion Riders final Bike and Car Show on Tuesday the 13th from 6 p.m.-9 p.m. They will have food and entertainment for only \$10.00. Any SAL volunteers to assist with these functions would be greatly appreciated. We would like to see some other members come out and assist as much as possible.

Membership! We should be receiving the 2023 cards any time now as I write this. Even though we don't have the cards yet, we cannot sit idle so please renew your dues and take advantage of the early bird rates. We are a large squadron and it's essential for us to get out to a fast start renewing dues. Thank you to everyone who has renewed and signed up early. Please, let's keep it going. You can pay your dues at the Post, via mail or, most convenient, online at www.salpost129.com. The early bird rates are \$23 for adults vs. \$25 and \$18 for under 18 years vs. \$20. So please renew early to save some money. As always, thank you to all for

your continued support.

Finally, our meetings are the second Wednesday of each month at 7 p.m. Please come out and attend so you're in the loop with what's going on in our Squadron and our great Post. Enjoy the

rest of the summer and we hope to see you soon at our events and meetings.

For God & Country,

Rocky Lucia Commander Squadron 129



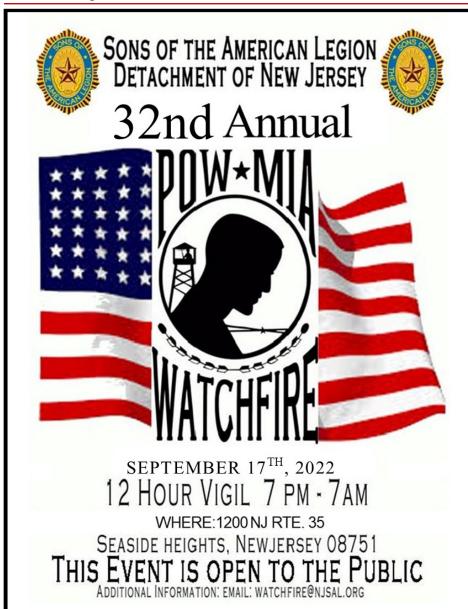
In 1979 the movie '10', starring Bo Derek, was playing in theaters. As the male population likes to do we rate females by the numbers. Although I have also heard women rating men by the numbers. I never did understand why a 10 is the best. In every other aspect of society, we strive to be number 1. I do remember during my time in Vietnam the locals would say, 'You number one GI.' Of course, we at Post 129 are all number 1, or number 10, depending on your preference.

Yes, we are number 1. During the past 10 years as editor, we have won the Department of New Jersey award for best newsletter many times. As I have stated in the past, the reason for the SOUNDOFF being the best newsletter in the state is due to all the contributions from each group at Post 129. One of the requirements of the SOUNDOFF is to keep the membership informed. Those contributions from the Com-



mander, Auxiliary, Sons of The American Legion, The Legion Riders, our great Bar Committee running the Canteen, the Entertainment Chairman and other committee chairperson and officers do an excellent job doing that. (Yes, I know that was a long run-on sentence.) A thank you to all who consistently contribute.

So, after more than ten years for me as editor, is it time for new blood? Not necessarily younger, but smarter. If you have a desire to continue the tradition step up. It is time.





Tin Can Sailors meet at Post 129 on the 3RD Wednesday at 12 noon.



Ocean County Memorial Chapter of the DAV meet at Post 129 the 2nd Wednesday of the month at 7 p.m.

BE AN EARLY BIRD.



GET YOUR
2023
MEMBERSHIP DUES
IN.

NOTICE

Proposed changes to the Post 129 Bylaws have been approved by the Bylaw Committee and the Executive Board. It is available in WORD format and PDF for your perusal on the Post 129 website at: https://alpost129.org/federal-charter/ They will be voted on by the General Membership at the meeting of October 3, 2022.

DID **YOU** KNOW...



of people could recall an ad that they saw in a direct mail offer vs. a digital ad



of people are more likely to read printed materials from beginning to end vs. digital or online



of people said that it is easier to concentrate when reading printed materials

Sources

https://natlib.govt.nz/blog/posts/reading-on-screen-vs-reading-in-print-whats-the-difference-for-learning https://www.savvysme.com.au/article/9515-print-ads-vs-digital-ads-in-2022-whos-the-winner

Info via Urner Barry Publications



Family owned and operated since 1992

PSC Contracting is committed to quality commercial and residential work.

Providing top tier service, a client focused approach and exceptional results.

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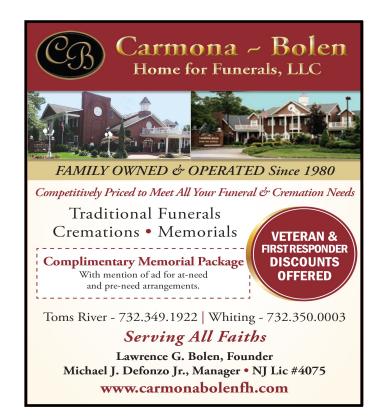
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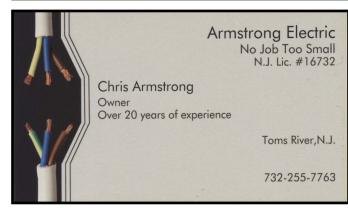
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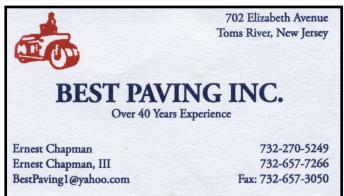
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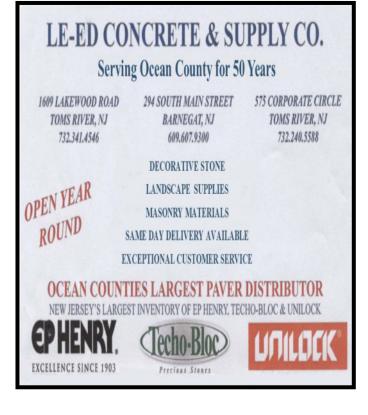
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