



# SOUNDOFF

January-February 2016

*George P. Vanderveer  
Post 129 American Legion  
(Established 1919)  
2025 Church Road  
Toms River, NJ 08753*

## COMMANDERS MESSAGE

As you receive this latest edition of the SOUNDOFF, the holidays will be nearing completion and the cold winter months will be upon us. It's hard to believe that December has been absolutely warm and beautiful. This has enabled our Rider's to continue to ride and participate in various toy runs such as the Monmouth Medical Center for Cystic Fibrosis. I don't know who had more fun that day, the Riders or the children. This run was sponsored by our brother organization, the Blue Knights. Once again, this ride took us along the Ocean and into the Highlands with a stop for lunch. Great day and a great cause.

Whether it is warm or cold, your Post continues to have plenty of activities. We continue to have pool, shuffleboard, darts, bingo and of course a variety of entertainment in the canteen. I have booked a number of new bands, including "Simply 3", the "Fredstones" who performed at the "COTA event in Mystic Island and "Bob Kulik from the famous Happening's singing all of your old favorites such as "See you in September". Check out the Entertainment Schedule in this issue.

Thanks to Warren Barney and Ed Rutzler for organizing our first country night. Music was provided by Nashville recording artist Nicki Briar and the Sweet Briar Band. Thanks to all in attendance.

Vice Commander/Chaplain Mike Schaffer made a presentation to

the South Jersey Rotary Club as part of our Community Involvement initiative. This presentation titled "Who we are and what we do" has been presented to other community groups to educate them about the Legion. Mike also met with the Toms River Historical Society to gather local veteran's stories in anticipation of our 100-year anniversary.

Other events that our Post participated in addition to marching in the Veterans Day Parade was attending the Ocean County/Kean College Veterans Day service. Our Post hosted the public hearings on PTSD held by a task force created by the New Jersey Senate and General Assembly. On November 10<sup>th</sup>, we hosted an event by a group called "Purple Hearts Reunited". They unite Veterans with service medals that were lost or stolen. One of these medals was a Purple Heart that was purchased at a flea market. When the purchaser discovered the engraved name on the back, he reached out to this organization that had it reunited with the

family of the deceased World War II Veteran. Be observant at these auctions and/or flea markets for these medals. I also attended Post 493's Chicken Cacciatore Dinner Fundraiser for the Mission of Honor.

Our annual Veteran's Thanksgiving Dinner was held in the Banquet Hall. The busses arrived from the Menlo Park, Paramus, Vineland, and East Orange VA Hospitals, as well as a number of area nursing homes. These Veteran's were thrilled to attend. Many of them told me they were happy to be invited and had enjoyed themselves in prior years. Each Veteran was treated to a full course turkey dinner as well as receiving gifts to take back with them. Music was donated by Lisa and Joey of "Always Entertaining". Thanks to the Auxiliary and Jane Keeley for once again organizing this heartwarming event. And of course, a special thank you to all our Legion Family volunteers for a great showing and participation.

(continued page 6)



## LEGION AUXILIARY MESSAGE

### HAPPY NEW YEAR!

"2016" is here and our unit is ready for more adventure! **Right!**

"2015" proved to be a year of wonderful support by our members. Through the motivation of our fundraiser chairwomen our Unit has maintained our obligations to the community, state and nation. Monetary donations have been made to the following, Dept. of NJ ALA projects, Children & Youth, Education, Veterans Affairs and Rehabilitation and those in need! Kudos to Carol Rutzler, Paula Harpe, Laurinda Miller and Mary Jane Cohen for a job well done.

Our Post 129 Family has shared some wonderful moments together also! Our unit VA&R chairwoman, Jane Keeley spearheaded two special events. A cookout in Kaczynski Grove for veterans' who reside in local nursing homes and the Veterans' Thanksgiving Holiday Social. These veterans live in Veteran homes throughout New Jersey, and Veterans' in our local nursing homes.

The Post 129 Family demonstrate what togetherness can accomplish. We extend our sincere gratitude for your support. Together, the Post 129 family participated in Veterans' Day and the Halloween Parades. AND, by the way the unit marched with the Department President, Doreen Gallagher and our National President, Sharon Conatser. Sharon was on an official visit to New Jersey and decided to come to Toms River. What an honor for our Unit, (Thank you Jane) And if that was not enough, the unit under the direction of our Adopt-A-Vet chair-



Vivian Leyda and Paula Harpe hold the POW/MIA Flag while Patricia Corbin, President, Auxiliary Unit 129 describes the flag at the SAL POW/MIA Christmas Tree Lighting.

woman Bernice Cloos, partnered with A.R.M.S and the community to send nine packages of goodies over-seas to military personnel. We salute you Bernice and Jane for your dedication to our military Veteran community.

May the adventures continue in "2016"!

Please continue to donate your soda-tabs for the Ronald McDonald House (recycling process provide shelter for families of ill children). Old cell phones are recycled for 'Phone Cards for Soldiers'. Food coupons are mailed overseas for military family savings in the supermarket. Campbell Soup labels and "Box Tops for Education" coupons are collected for school supplies to area schools. All items can be dropped off at the Post.

Our next meeting is January 11, 2016, we look forward to your fellowship!

For God and Country  
Patricia Corbin, President

(Adventure is the Spice of Life)

## Auxiliary Membership

Another year has past and dues for 2016 are now to be renewed. Also, may I add that we have

some ladies still owing for 2015.

If you have not received your renewal notice please contact me at 732-272-7552.

We are now at 70% paid and need to reach our goal before April 1, 2016.

Thank you to all members that have renewed their membership. You are "Keeping us Strong"

Laurinda Miller

Membership Chair



## Craft/Vendor Fair November 28, 2015

We want to thank everyone who came out to support the Holiday Craft Fair.

It was a great success and especially to our vendors for showing their fantastic skills for the public to enjoy.

We also want to thank our members for helping with this event. Pat, our Auxiliary President, Jane, Kim, Mariann, Dolores and many more. Thank You! You all were a great asset to us.

Laurinda Miller and Mary Jane Cohen



## Post 129 Legion Auxiliary Gives Back

Auxiliary members from Unit 129, proudly, joined together with residents of the community, and generously donated 2300 hours of their time to make lap blankets & scarves for one hundred and three disabled Veterans'. Residents from eight VA hospitals and one local nursing home enjoyed our traditional Thanksgiving dinner at Post 129. Each resident received a gift bag including handmade items. We look forward to joining with our community for many years to come.

Submitted by Bernice Cloos, Unit 129 Adopt-A-Veteran Chairwoman

## Annual Veterans Turkey Dinner

On November 22, 2015, approximately 102 veteran residents from local and state nursing homes attended a turkey dinner at Post 129. The Legion Post Family which included Legionnaires, Auxiliary, SAL and Riders all pitched in to make the day a wonderful experience for the Veterans'.

Ryan's Catering provided a great traditional meal, thanks to Chef Mike and his crew. Entertainment was donated by Lisa and Joey from Always Entertaining' and the Shamrock and Thistle Pipe and Drum band also performed with lots of great music for all to enjoy.

Before leaving the Veterans' were presented with goody bags

which included toiletries from Auxiliary members and articles from J&J, handmade knotted articles from the Knitting Belles, and service blankets donated by Tom



## PSYCHIC FAIR

George P. Vanderveer Post 129  
2025 Church Road  
Toms River NJ 08753

Friday, February 19, 2016  
6—10 PM

Five Psychics and three  
Mediums will be reading.  
\$20.00 for 15 minute reading

Cake and coffee available

For more info call Dolores  
732-206-1162



Orth, lap robes were donated by 3 of our Auxiliary members. A raffle was conducted and baseball caps donated by the 'Blue Claw's' were won by the Veterans.

I truly believe that a good time was had by all.

Thank You.

For God and Country

Jane Keeley

Unit 129 VA&R Chairperson



## SAL MESSAGE

It's that time again for our newsletter. First of all, I want to tell you that our end of the summer picnic was very successful. The weather was fairly good, we had a great turnout and everybody had a good time. I would also like to give a very special thank you to everybody that helped with our Christmas tree lighting. It was the most spectacular ceremony that we've ever done. Although the Lt. Governor was unable to make it due to another commitment, we still had a wonderful ceremony and we could not have been successful without all the hard work of Rich Gato, Pat Corbin and her Auxiliary, and of course my SAL board members and membership. Thank you all for your hard work.



Glen Blue, Master of Ceremonies  
POW/MIA Christmas Tree Lighting

can Legion successful.

Finally, I hope everyone had a Merry Christmas and a has a healthy and happy New Year. See everyone in 2016!



By the time this newsletter goes out, our Army/Navy game will have passed and I am sure it's going to be a great success like it was last year. We have sold all the TV raffles and 50-50's. Coming up on February 13, 2016 is our annual Valentine's Day dinner dance. The flyer is in this newsletter.

One last note; please get your membership paid. As of December 31 your 2015 membership will be expired so please get your dues in for 2016. Remember, membership, membership, membership is what makes the Ameri-

For God and Country  
Bob Joerg  
SAL Commander, Squadron 129



\*\*\*\*\*  
★ If you play... ★  
★ B I N G O ★  
★ ...come play at Post 129... ★  
★ Every Thursday. Doors open at 5 PM—play starts at 7 PM ★  
★ Progressive-50/50-Mystery Prizes ★  
★ Refreshments Served ★  
\*\*\*\*\*



## RIDERS MESSAGE

Not much going on with the Riders, but with the unusually nice weather small groups have been able to do a few individual lunch rides. As a group, by the time this will be published will have had our annual Christmas party. The one time of the year that we do something for ourselves.

I would like to thank the Auxiliary for having Thanksgiving dinner for Veterans. Our Riders come out in large numbers to wheel in the bus loads of Veterans that attend. I know from conversations with our members that this really starts the holiday season off in the right way. Then continuing the holiday spirit with attending the SAL solemn POW/MIA Christmas tree lighting. All the families of our wonderful American Legion family participated in this event and it truly reflects what the holidays are meant to be.

On a closing note I hope all our members had a happy holiday season and safe new year. I hope that the upcoming season will be as successful as 2015 was for not only our Riders but all of Toms River Post 129 members. For God & Country,  
Art Brown



### Sons of The American Legion Squadron #129

## Valentine's Day Dinner Dance

**Saturday, February 13<sup>th</sup>, 2016  
7:00 PM**

**\$30 per person  
Includes: DRAFT BEER, WINE and a Hot Buffet**

**Live Entertainment by The True Tones**

For more information contact:

Rocky Lucia  
rplucia@verizon.net  
917.417.4818



**Riders welcome and escort veterans in for the annual Thanksgiving Dinner.**

## COMMANDERS MESSAGE

(from page 1)

While I am in the process of casting accolades, I want to once again thank the Legion Family and particularly the SAL for organizing the POW/MIA Christmas Tree Lighting. This somber and spiritual event was extremely well attended. While there were many dignitaries present, the main focus of this event was our POW/MIA's. Our Christmas tree was decorated with bows with the name of each MIA from the Vietnam War.

At our last General Meeting, our guest speaker was Toms River's new Chief of Police, Mitch Little. Since our Legion Post is very community oriented, I had asked the Chief to attend our meeting and give an update of his department. His presentation was well received by all in attendance. I was humbled to present a shadow box flag to Michelle Flammia whose son was seriously wounded by an IED in Iraq. He subsequently passed away here in the states.



Certificates were also presented to two Boy Scouts, Peter Shenouda and Andrew Foti. Both of these scouts built a total of 16 picnic tables for our Picnic Grove. This was part of their Eagle Scout Project. Kevin Vliet, the new leader of the Venture Crew also was present to make a presentation. As you can see, our meetings are not just about committee reports. There is always a guest speaker or two with interesting information to be disseminated.

Saturday, December 12<sup>th</sup> was not

only the Virgin of Guadalupe; it was also the Army/Navy game. Although I will admit I was disappointed that Army lost, you couldn't beat the excitement, the rivalry and the good natured ribbing as well and camaraderie and of course the half time buffet.

Don't forget to check the bulletin board in the lobby for up coming events and Entertainment. Stop in for lunch and dinner and say hello.

Remember P.T.S.D.-Not All  
Wounds Are Visible

Rich Gato  
Commander



## CHAPLAINS MESSAGE

This New Year I hope that each step you take is guided by the blessings of God. No Year can be a bed of roses. But I wish you courage and confidence to turn each obstacle into opportunity during the coming New Year.

May all your dreams from the last year turn into achievements during this New Year. This Year as you march towards fulfilling all your dreams may no fear come in your way to block your path. May the old year take away all the sorrows and miseries as it goes by and fill up your upcoming days with hope and happiness.

Genuine success comes only to those who are ready for it. So never step back and always have courage to accept new challenges. May you have the strength to face the challenges of life and courage to adjust so as to take every situation to your stride.

The New Year is the time to remember all the memories we share, all the fun things we did, all the secrets we poured out, for distance is the last thing that can create a rift in friendships. Reach out for brothers and sisters you may have had an issue with and welcome them back into your life and heart.

Along with all the new hopes and promises that the New Year would bring let us make a pledge to work together and make not only our lives better but to make an impact on the lives we touch every day

Fresh HOPES, Fresh PLANS, Fresh EFFORTS, Fresh FEELINGS, Fresh COMMITMENT. Welcome 2016 with a fresh ATTITUDE. Happy New Year.

GRACE AND PEACE  
MICHAEL SCHAFER  
CHAPLAIN  
VICE COMMANDER POST 129

## LEGION MEMBERSHIP

I hope that this new year will be a great year for all our members and that everyone had a great holiday. As I stated in the last SOUNDOFF, National is assessing us another \$5.00 per member towards our per capita. Post 129 needs your help. Your dues are what helps us to continue to support all the great programs that we do for our veterans, their families and also the community.

It's that time of year again and all dues were due by December 31<sup>st</sup>. So please send in your dues to support this great organization. Remember we are "veterans still serving America" and by keeping our membership numbers up we will continue to have a strong voice in Washington and on capitol hill to address the needs of our veterans. As you know membership is the life blood of this great organization.

Thank you for ensuring that The American Legion remains the most powerful voice in America on behalf of veterans, our current service members, their families, and the communities across America.

For God and Country  
Rich Godfrey  
Ocean County  
Membership Chairman



House visit with Andrew Seubert, 92, WWII, Korea, China.  
Commander Rich Gato, Service Officer Mike Kelly,  
Vice Commander/Chaplain Michael Schaffer,  
Vice Commander Ralph Muranz, Adjutant Bob Scheiderman

### **SUPPORT THOSE WHO SUPPORT US**

Mention the SOUNDOFF  
When answering an ad!









***JANUARY:** From the Roman god Janus who was pictured with two heads, thus able to see the past and the future.*

*Birthstone*

**January 2016**

*Garnet*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1  New Year's Day	2
3	4  General Meeting 7 PM	5	6	7 <b>B</b>	8  Elvis Presley 1935	9
10	11  Auxiliary Meeting 7 PM	12	13  SAL Mtg. 7:00pm	14 <b>I</b>	15	16 Persian Gulf War Begins (1991)
17 Ben Franklin 1706	18 Board Mtg. 7:00pm <b>ML King Day</b>	19	20	21 <b>N</b>	22	23 Full Wolf Moon
24 31	25  Riders Mtg. 7:00pm	26	27	28 <b>G - O</b>	29	30

The United States Navy SEAL Teams 'One' and 'Two' established, 1 January 1962  
The Vietnam War Cease-Fire is signed in Paris, 27 January 1973

## JANUARY ENTERTAINMENT

FRIDAY JANUARY 1<sup>st</sup> NEW YEARS DAY  
NO ENTERTAINMENT

SATURDAY JANUARY 2<sup>nd</sup>  
ALWAYS ENTERTAINING  
LISA & JOEY

FRIDAY JANUARY 8<sup>th</sup> THE CROSSTONES

SATURDAY JANUARY 9<sup>th</sup>  
JERSEY GIRLS

FRIDAY JANUARY 15<sup>th</sup> THE DECEE'S

SATURDAY JANUARY 16<sup>th</sup>  
LOU ABBATO

FRIDAY JANUARY 22<sup>nd</sup>

THE TRUE TONES

SATURDAY JANUARY 23<sup>rd</sup>

"SIMPLY 3"  
NEW GROUP

FRIDAY JANUARY 29<sup>th</sup>

WHO ARE YOU GUYS ?

SATURDAY JANUARY 30<sup>th</sup>

PHIL CENECOLA  
FROM THE STREETHEARTS



*FEBRUARY: From the Latin word "to smoke" for it was the Roman month for purification.*

Birthstone

February 2016

Amethyst

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1  General Mtg. 7:00PM	2  Ground Hog Day	3	4 	5	6
7 Four Chaplains	8  Legion Auxiliary Mtg. 7:00PM	9	10  SAL Mtg. 7:00PM	11 	12 Abe Lincoln 1809	13 SAL Valentine Day Dance 7-11PM
14  Valentine's Day	15  Presidents Day	16 Board/Trustee Meeting 7 PM	17	18 	19 Auxiliary Psychic Fair 	20
21	22  Riders Mtg. 7:00PM	23 Flag raised on Iwo Jima 1945 Diesel Engine 1893	24 Operation Desert Storm 2/24/91-2/28/91	25 	26	27 Battle of Java Sea (1942)
28	29					

1943: During WWII, the US transport ship Dorchester, which was carrying troops, sank after being hit by a German torpedo; of the more than 900 men aboard, only some 230 survived. On February 7th we will observe 'Four Chaplains Sunday'.

## FEBRUARY ENTERTAINMENT

FRIDAY FEBRUARY 5<sup>TH</sup> THE MANGO'S

SATURDAY FEBRUARY 6<sup>TH</sup>

BOB KULIK FROM  
"THE HAPPENINGS"  
\*\*SPECIAL APPEARANCE\*\*

FRIDAY FEBRUARY 12<sup>TH</sup> THE CROSSTONES

SATURDAY FEBRUARY 13<sup>TH</sup> JERSEY GIRLS



*Saturday, February 13th  
SAL Valentines Day Dance*



FRIDAY FEBRUARY 19<sup>TH</sup> THE DEE CEE'S

SATURDAY FEBRUARY 20<sup>TH</sup> LOU ABBATO

FRIDAY FEBRUARY 26<sup>TH</sup>

THE TRUE TONES

SATURDAY FEBRUARY 27<sup>TH</sup>

PHIL CENECOLA  
FROM THE STREET HEARTS

## CANTEEN NEWS

Eric Inauen

HAPPY NEW YEAR, 2016! We have had a long Indian Summer. The weather was so nice, we kept the Bunker Bar open most of November. much to our Bunker Bar Crowd's delight.

Our New Year's Eve Gala is always our best event of the year, and this year was no exception. Our banquet manager, Kristy, along with Chairperson Mary Del Nero and her staff, made the hall look like a ballroom with our newly purchased decorations. Our cocktail hour, food, top shelf open bar, and music by the True Tones was to die for.

We know it sounds like a broken record (no pun intended), but every month the Canteen, Hall and Bunker have been breaking last year's records. Many Thanks' are definitely in order.



First, we would like to thank our Members and their Guests for their patronage and support

Second, we would like to extend our thanks for the professionalism and dedication our volunteer bartenders display day in and day out. Thank you Duke, Warren, Bernice, Robin, Dave, Lisa, Lori, Joe, Gabriella, Nikki and Danielle for a great job!

Third, our Bar Chairman, Mike Kelly, along with our Bar Committee, David Kearns, Bob (Ace) Cannon, Frank Del Nero, and our



**Canteen Crowd at the Army/Navy Game December 12, 2015**

Commander, Rich Gato are the glue and oil. They are the glue that keeps everything together, and the oil that keeps our operation running smoothly.

Fourth, thanks to chef Mike and Banquet Manager, Kristy, from Ryan's Catering, for providing excellent food and event planning on a constant basis.

**VALENTINE'S DAY PARTY:** Our Valentine's Day Party, which was sold out last year, is expected to do the same this year. Tickets are \$30, and will go on sale in January, at the Bar. The Party is held on Saturday, February 13, 2016, from 7 to 11PM. Entertainment will be provided by the True Tones. Draft Beer, Wine and a Buffet are all included in the price.

As always, the Canteen opens at 11AM daily. Closing times will vary depending the day of the week and the amount of Members in the bar. We have Rock and Roll Bands every Friday Night, and live entertainment every Saturday Night. The Canteen has Pool on Monday Nights, Shuffle Board on Tuesday Nights and Darts on Wednesday Nights.

The Canteen's NFL Sunday Specials will continue through Super Bowl Sunday. Low price food specials and \$1.50 domestic draft beers, along with our end of quarter giveaways remain in effect.

Remember, when you support Post 129, you support the best Post in the USA.



Toms River Township has a No Knock ordinance but you must register for it. Applications online at [www.tomsrivertownship.com](http://www.tomsrivertownship.com) or can be picked up at the Township Clerk office. Applications can be filled out at that time.



## AAADD Know the Symptoms

Thank goodness there's a name for this disorder. Somehow I feel better even though I have it! Recently I was diagnosed with AAADD, Age Activated Attention Deficit Disorder. This is how it manifests:

I decide to water my garden. As I turn on the hose in the driveway, I look over at my car and decide it needs washing. As I start toward the garage, I notice mail on the porch table that I brought up from the mailbox earlier. I decide to go through the mail before I wash the car. I lay my car keys on the table, put the junk mail in the garbage can under the table, and notice that the can is full. So, I decide to put the bills back on the table and take out the garbage first. But then I think, since I'm going to be near the mailbox when I take out the garbage anyway, I may as well pay the bills first.

I take my check book off the table, and see that there is only one check left. My extra checks are in my desk in the study, so I go inside the house to my desk where I find the can of Pepsi I'd been drinking. I'm going to look for my checks, but first I need to push the Pepsi aside so that I don't accidentally knock it over. The Pepsi is getting warm, and I decide to put it in the refrigerator to keep it cold.

As I head toward the kitchen with the Pepsi, a vase of flowers on the counter catches my eye, they need water. I put the Pepsi on the counter and discover my reading glasses that I've been searching for all morning. I decide I better put them on my desk, but first I'm going to water the flowers. I set the glasses back down on the counter, fill a container with water and suddenly spot the TV remote.

Someone left it on the kitchen table. I realize that tonight when we go to watch TV, I'll be looking for the remote, but I won't remember it's on the kitchen table, so I decide to put it back in the den where it belongs, but first water the flowers. I pour some water in the flowers, but quite a bit of it spills on the floor. So, I set the remote back on the table, get some towels and wipe up the spill, then I head down the hall trying to remember what I was planning to do.

At the end of the Day, the car isn't washed. The bills aren't paid, there is a warm can of Pepsi sitting on the counter, the flowers

don't have enough water, there is still only 1 check in my checkbook, I can't find my reading glasses, and, I can't find the remote, and I don't remember what I did with the car keys. When I try to figure out why nothing got done today I'm really baffled, because I know I was busy all day, and I'm really tired. I realize this is a serious problem, and I'll try to get some help for it, but first I'll check my e-mail.

(The GITMO Bay Assoc. Newsletter via Bob Scheiderman)

**AMERICAN LEGION - POST 129 PRESENTS**  
**Boston, Salem, & Cape Ann**

**INCREDIBLE PRICE INCLUDES:**

- ◆ Motorcoach transportation
- ◆ 4 nights lodging
- ◆ 8 meals: 4 breakfasts and 4 dinners
- ◆ Full Day Guided Tour of Boston
- ◆ Boston's World Famous Faneuil Hall & Quincy Marketplace
- ◆ John F. Kennedy Presidential Library and Museum
- ◆ Full Day Guided Tour of Scenic Coastal Massachusetts
- ◆ Guided Tour of Historic Lexington and Concord
- ◆ For more pictures, video and information visit:  
[www.GroupTrips.com/AmericanLegionPost129](http://www.GroupTrips.com/AmericanLegionPost129)

\$499 \*

5 DAYS 4 NIGHTS

PER PERSON, DOUBLE OCCUPANCY

(Thu - Mon)

Sep 29 - Oct 3

2016

**Departure: Legion Post, 2025 Church Rd, Toms River, NJ @ 8 am**

Day 1: Depart your group's location in a spacious, video and restroom equipped Motorcoach and set off for historic Boston. This evening, you will enjoy Dinner and check into a Boston area hotel for a four night stay.

Day 2: After enjoying a Continental Breakfast, you will depart for a Full Day Guided Tour of Boston. Today's sights include Trinity Church, Boston Common, John Hancock Tower, and more. During the day, stop for an extended lunch break at world famous waterside attraction "Quincy Market & Faneuil Hall Marketplace". Get a taste of the Boston experience by visiting the replica set of TV show "Cheers", great shopping, attractions, and more. Afterwards, your guided tour continues with sights such as USS Constitution - "Old Ironsides" and Cambridge. This evening, enjoy DINNER WITH ENTERTAINMENT before returning to your hotel.

Day 3: Enjoy a Continental Breakfast and start off with a visit to the John F. Kennedy Presidential Library and Museum - with permanent exhibits dedicated to First Lady Jacqueline Kennedy, The Space Race, and more. Then depart for a guided tour of Lexington and Concord. This tour highlights a visit to the Minute Man National Historical Park, the birthplace of the American Revolution. This day is often voted by groups as their favorite part of the trip. This evening, you will end your day with a relaxing Dinner.

Day 4: Start your day with Continental Breakfast before departing for a Full Day Guided Tour of beautiful coastal Massachusetts. Visit Salem, a city with more than three hundred years of New England history and the site of the infamous Salem Witchcraft Trials. Then, continue your tour onto scenic Cape Ann. There you will visit the vintage New England seaside town of Gloucester - "America's Oldest Seaport". Next visit Rockport, another coastal town with quaint shops, restaurants, and galleries. This evening, enjoy a relaxing Dinner and return to your hotel.

Day 5: Today, after enjoying Continental Breakfast, you depart for home... a perfect time to chat with your friends about all the fun things you have done, the great sights you have seen, and where your next group trip will take you!

**ADD PEACE OF MIND TO YOUR TRIP...**

With the Travel Confidence Protection Plan if you have to unexpectedly cancel or cut your plans short. See back for details...

**\$75 Due Upon Signing. \*Price per person, based on double occupancy. Add \$179 for single occupancy.**


**Final Payment Due: 7/22/2016**

**FOR INFORMATION & RESERVATIONS CONTACT:**


Darlene Scheiderman @ (732) 341-7462



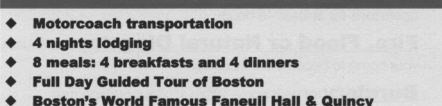
A guided tour of Boston



JFK Library & Museum



Historic Gloucester  
"America's Oldest Seaport"



Faneuil Hall Marketplace



Historic Gloucester  
"America's Oldest Seaport"



Faneuil Hall Marketplace

## Adler Aphasia Center Offers Aphasia Communication Group in Toms River

Walt, a stroke survivor with aphasia, has been a member of the Adler Aphasia Center in Maywood, NJ since 2003, when they first opened their doors. A proud vet who wears his World War II hat every day to the Center, Walt spends 4 days a week in groups facilitated by speech language pathologists who help him improve his communication skills while socializing with others with aphasia in a friendly community center that becomes a home away from home for many of their members.

*Aphasia is a language disorder caused by stroke or other brain injury. It impairs the expression and understanding of spoken language, reading and writing. This frustrating condition affects a person's ability to communicate but does not affect his or her intellect.*

Patients are no longer able to spend important time recovering in a hospital setting so that they could go on with their lives upon discharge. This means that stroke survivors diagnosed with aphasia are usually discharged without receiving the intensive communication therapy needed to treat this communication disorder. And once they are discharged from outpatient speech therapy services, they are left to their own devices to continue this important therapy without the benefit of medical insurance, as their benefits usually end long before they have received appropriate therapy.

This is where Adler Aphasia Center steps in to help stroke and brain injury survivors with aphasia. The Maywood Center is one of a handful of innovative post-rehabilitative therapeutic programs across the country that addresses the long-term needs of people with aphasia and their families. With almost 2,000,000 people diagnosed with aphasia in the U.S., it is the only center of its kind in the New York-New Jersey area. Considered the world leader in long-term, post-rehab community-based care for people with aphasia, aphasia affects 40% of all stroke and brain trauma survivors.

Besides its two full service facilities in Maywood and West Orange, NJ that offer more intensive aphasia therapy four days a week, the Center offers smaller Aphasia Communication Groups throughout NJ twice a month for two hours. These smaller group provides those who have been diag-

nosed with aphasia an opportunity to help them cope with the challenges of living with this communication disorder, socialize with others who share similar experiences, provide tips to communicate more effectively, and provide time to practice communication skills in a natural environment. **Toms River is one of six sites that host these groups and is located at Kean Ocean Campus in Room 427 in the Gateway Building, One College Drive.**

This group is facilitated by a licensed speech language pathologist and is offered from 10:00 am to 12:00 noon on the 1<sup>st</sup> and 3<sup>rd</sup> Friday of each month. A person with aphasia may join the group at any time. A nominal fee is charged for participating in this group.

To learn more about the Toms River Aphasia Communication Group and to pre-register, please contact Wendy Greenspan, M.A.,



*Walt, WWII vet, stroke survivor and member of the Adler Aphasia Center in Maywood, NJ, attends innovative programming at one of its sites in NJ that offer long term aphasia therapy for people who have been diagnosed with this communication disorder.*

CCC-SLP at 973.530.3981 or by email at [wgreespan@adleraphasiacenter.org](mailto:wgreespan@adleraphasiacenter.org)

For more information about the Adler Aphasia Center's full-service programs in Maywood or West Orange, NJ, visit their website at

[www.adleraphasiacenter.org](http://www.adleraphasiacenter.org)  
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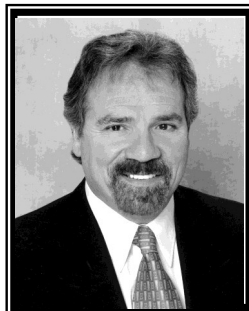
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