

# **SOUNDOFF**

July-August 2017



George P. Vanderveer Post 129 American Legion (established 1919) —A Centennial Post

### COMMANDERS MESSAGE

Well my first year is complete and I want to thank you all for your support as we went through some much-needed changes, and I hope for your support this year as there are more changes to come, but all for the good of the Post and the Legion.

Change is hard but we have been here for 100 years and I am looking forward to being sure we are here for the next 100 years.

We have just completed our 99<sup>th</sup> convention and I for one am looking forward to the 100th anniversary convention. It is already shaping up to being amazing. If you think you want to attend next year we will be putting out information shortly and I am afraid we will fill up our hotel quickly. Deposits will be taken to hold a room. We ran into some issues this year and we will insist that all rooms be paid in full by April 1, 2018. Not paid in full will be offered to others and you will not get a refund of your deposit.

I am hoping with the cooperation of the Auxiliary and the Sons to hold at least every quarter a joint meeting of all three departments, not just the executive boards but open to all members. In this manner, we can discuss cooperation in our many projects, events, and how we can support each other and make them better and share the work load.

As with any family there are always going to be times when there are misunderstandings and concerns but the only way to avoid disruption of the family is to communicate. I am at the post almost every day for 5-6 hours. My door has been and always will be open to all, problems/concerns, please find me!

There are a couple of phrases that have been floated around lately and they need to go away for progress to happen.

We have always done it that way, it has been that way forever, and that has always been the same problem! We all must be open to change and progress.

We are not downtown, we have a million-dollar business and it must be run as a million-dollar business. We cannot do this as we always have operating in our own separate silos. We need to be involved in each other's busi-

ness to survive.

We need to get out of our comfort zones and reach out to the entire family and see what we can do to make them better in what they do, for the good of the Post and good of the Legion.

I know our charters lead us to believe we can operate without the support of the rest of the family, but together we can make us all better family members and make Post 129 the envy of the state.

I truly love you all Michael Schaffer Commander

(more page 2)



Installation of Officers May 21, 2017



# **Additional Commanders Message:**

Mark your calendars: Saturday, August 26<sup>th</sup> in the hall, a fantastic oldies dinner show, details to follow but save the date!

This is a partial list of some of the accomplishments we have participated in since the last SOUNDOFF:

April 19 Boys State Interviews

April 20 Made Presentation About The American Legion to Leisure **Knowles Veterans Club** 

April 22<sup>nd</sup> Annual Bike Blessing

April 22<sup>nd</sup> Jersey 4 concert in he Hall - Dinner and Show (With Joe Long Original 4 Season)

April 23 Funeral Escort Ride Fallen Active Duty 20 riders participated April 26th Attending Thank You Luncheon held by the Vineland Veterans Home with The Auxiliary

April 27 Attended Ocean County Military Support Committee Meeting April 28th Ocean County Library WWI Memorial Commemoration April 28-30 Attended American Legion College Post Operations Course Warren Barney, Past Post Commander, Made Presentations At 2 **Eagle Scout Installations** 

May 5<sup>th</sup> Sent Past Post Commander Warren Barney to Hindenburg Anniversary Dinner
May 13<sup>th</sup> County Rider Meeting At 493

May 17<sup>th</sup> Boys State Orientation

May 17<sup>th</sup> Attended Union Beach Bike Night

May 21<sup>st</sup> Officer Installation

May 24<sup>th</sup> Attended Veterans Roundtable Held by Lt Governor Kim Guardagno Post 170 Rochelle Park

May 25 Participated in OCC Memorial Day Service and Commence-

May 25 Attended Toms River Memorial Day Proclamation by The Mayor

Memorial Day Weekend...

Saturday Post Picnic, --- 175 present

Sunday Ocean County Memorial Park, 150 present

June 1, Funeral Escort to DOYLE 24 bikes

June 4<sup>th</sup> Legion Riders Fundraiser Texas BBQ Attended 99<sup>th</sup> Convention

Flag Retirement---June 13th at Post 129-Bike Night and Flag Retirement Ceremony - Boys Scouts to manage the services

### **BINGO...**

Every Thursday. Doors open a 5 PM

Play Starts at 7 PM

Progressive, 50/50 Mystery Prizes

Refreshments served



# **MEMBERSHIP** REPORT

Just back from The American Legion Convention in Wildwood and I am proud to report that our Commander Mike Schaffer received his first Gold Brigade Award and Jacket. Mike also received The Department of New Jersey Recruiter of The Year Award. Job well done Commander. We had another legion member, David Corbin, who also received the Gold Brigade Award. Excellent job Dave. I was honored to receive my Fifth Gold Brigade Award. Post 129 was well represented in The Membership Department. I am proud to report that we have exceeded last year's membership of 1704. Our Membership is at 1755, an all-time high, and still the largest American Legion Post in the State of New Jersey.

As we close out the Membership Year on June 30th, our new year starts on July 1st. Please be an Early Bird and send in your 2018 dues. We need all the help that we can get to help support all the great programs that the American Legion does for its Veterans. their Family Members and the Community, remember, and "Membership is the lifeblood of The American Legion"

Without members, there would be no Legion programs. We would have no voice on Capitol Hill. Without members, there would be no accomplishments in assistance and support to veterans, their families, the community, state and nation. But, The American Legion has recorded consistent accomplishments for veterans and their families since 1919.We can't do this alone. Your dues make this possible.

It is often emphasized, "It's not the price you pay to belong, but the price you paid to be eligible. " The American legion Membership Card gives our members access to nearly 14,000 Legion Posts

worldwide and guarantees that our members will always have a fellow veteran nearby.

But more important are the intangible benefits of membership, the ones you can't put a dollar value to – the lifelong friendships that develop from being actively involved with others and most importantly, the self-satisfaction of knowing that just by being a member we are helping others less fortunate than ourselves.

Please support your post and send in your dues. We need your help to support and maintain all the good things that make us who we are "VETERANS STILL SERVING AMERICA!"

We need your help with membership. Please reach out to your Friends, Neighbors, Co-workers, and Family Members and encourage them to join this Great Organization of Veterans with you and the help of others. A 100% MEM-BERSHIP GOAL can be achieved in the State of New Jersey. We are losing more and more members every year, I am asking every member to please try and sign up at least one new member this year, especially the Service Men and Women Veterans that have served recently.

Remember, we are a Legion Family and need to support one another. That goes for Membership as well so let's GROW MEMBERSHIP TOGETHER FOR 2017-2018. ANYONE THAT NEEDS ANY INFORMATION OR QUESTIONS ABOUT MEMBERSHIP YOU CAN CONTACT ME AT rjg548@comcast.net OR CELL # 732-604-8326

For God and Country Rich Godfrey Post Membership Chairman Department of New Jersey Membership Chairman 2017 -2018



#### **RIDERS MESSAGE**

Riding season for the Post 129 Legion Riders is underway in full strength. We have had our May bike night, a great success mostly to the drawing of Brothers SAL Having these members band. play on a weeknight really pulls in the crowds, Thank you brothers. We also had our June Texas Country BBQ. The BBQ was a success as far as the weather was great and the picnic grove had around 300 guests, but nowhere near last years attendance. That being said we all had a great time. The BBQ cooks once again did a great job with pulled pork, chicken, hamburgers and hot dogs. No one went away hungry. Tommy Baz and his Bullzeve band entertained the crowd with his country music.

The Riders then went to Wildwood and entered our annual American Legion Convention Parade. We had a good turnout of riders, but this year no prize from the judges. Remember, this is a brotherhood and the idea was to represent Toms River Post 129 and I think we did that well.

Many of our Riders missed the convention and the parade because they took a trip to upstate New York for Americade, a motorcycle rally of large proportions. At the time of this writing I have not

spoken to those individuals about the trip, but I tried to keep up with weather reports and it seems as if all went well. They should have had a great time. When you ride a motorcycle and the weather is good that area is a fun time.

Tuesday, June 13th will be our 2nd bike night in the picnic area and weather looks good but very hot. Again, with Brother SAL band playing the turnout should be a good one.

For God & Country Art Brown



# SUPPORT THOSE WHO SUPPORT US

Mention the SOUNDOFF When answering an ad!



## S.A.L. HONORS **MEMBERSHIP**

Congratulations to Squadron 129 Toms River, and all Ocean County S.A.L. Squadrons. We are, THE GREAT COUNTY OF OCEAN. WHOOP! WHOOP! WHOOP!

Our Squadron 129 went over the top in membership at 514 members. All SAL Squadrons in Ocean County also went over the top in membership at 1336 members. BOTH ARE THE LARGEST MEMBERSHIP IN THE HISTORY IN NEW JERSEY. Thanks to the co-operation of all involved who helped to promote and retain membership. We are all working together as a Legion family, and that's GREAT! THIS IS NOT, AND NEVER WILL BE. A ONE PER-SON JOB.

That being said, Rocky Lucia, you did a great job in membership as you always have in the past. There is one special person this year that did an extraordinary job in membership signing up over 30 new SAL MEMBERS. At the Wildwood Convention, I presented this person with a certificate, signed by the SAL National Commander, and our State Commander Robert Bascou. Also presented him with the BI UF BRI-GADE JACKET, which he had to earn by signing up at least 30 new members. He also ioined the ranks of three other SAL members at our Post, Bobby Joerg, Rocky Lucia, and DUKE Haring, who also earned this High Honor. Congrats to Mel Aballo, who went above and beyond, thank you Mel

I would also like to recognize, and bring attention, to some other SAL members that people from all around speak very highly about. For their special talents that they share with everyone at our special events and they are, THE BROTHER SAL, Rocky Lucia, Tom Lucia, Dan Curran, and Rob. Jim Ventilmigla our Bag Piper, who plays Amazing grace at our

somber ceremonies, and Ronnie Brooks, with his amazing and beautiful strong voice who sings our National Anthem at our events. ALL S.A.L. members that represent our Great POST 129. I think that's great, don't you?

I know these numbers are great in membership but we still have a lot of work to do. We must stay the course, and have another momentous year. This to everyone out there, any new members in your family, PLEASE SIGN THEM UP, LET'S KEEP OUR POST ON THE MAP. At our next SAL meeting July 12th, 7:00 p.m., we will have a few guests at our meeting from NATIONAL and DEPARTMENT. PLEASE AT-TEND THIS MEETING. Very important that you attend.

Thank you, SAL Detachment of New Jersey Membership Chairman David (DUKE) Haring

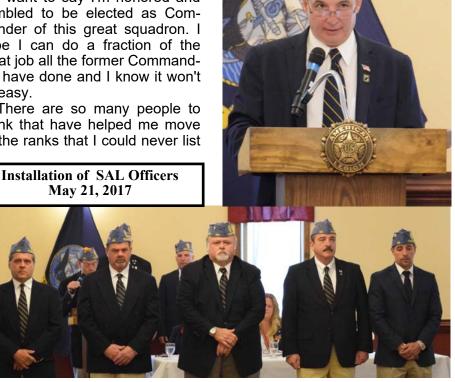
# **SAL COMMANDERS MESSAGE**

Well. this is my first SOUNDOFF article as the new incoming Squadron Commander, I just want to say I'm honored and humbled to be elected as Commander of this great squadron. I hope I can do a fraction of the great job all the former Commanders have done and I know it won't be easy.

There are so many people to thank that have helped me move up the ranks that I could never list them all in this article. There are two, however, I would like to give special thanks to. The first is my former commander and now Vice Commander Bob Joerg. learned so much from him coming up through the ranks and he's really prepared me for the task ahead of me. He has always been there for me day and night.

Second is Duke Haring. Duke is so knowledgeable and decorated. I could go to him with anything and he would have the answer for me. His advice and leadership has been invaluable. Thanks to both of you and all my other mentors.

I would also like to introduce my executive board. Bob Joerg and Mel Aballo as Vice Commanders, Joe Rutzler as Sgt. at Arms. Pete Coleman as Finance Office, Mike Guadagnino as Historian, Glen Blue as Chaplain, Dan Curran as Adjutant and Duke Haring as Judge Advocate. These are a great bunch of guys and I'm sure they will step up and support me during the upcoming year.



I would be remiss if I didn't mention membership. Membership is what keeps us alive. We ended up over the top again with 514 members. The largest squadron in New Jersey. Each year it gets tougher to maintain these numbers, no less beat them, but we have over the past 3 years and I'm going to challenge my executive board to, as a team, get us to and over this goal again this year.

In closing, I would like to thank everyone again for electing me and I'll do my best to keep Squadron 129 successful and have some fun doing it.

For God & Country,

Rocky Lucia Commander Squadron 129



# A PIECE OF PERSONAL HISTORY

By Marilou Fuchs, daughter and granddaughter.

In 1918, Joe Tierney joined the Army and became part of the American Expeditionary Force. While aboard ship, en route to Paris, France, the Armistice was signed, ending World War I.

In Paris, he became part of the Athletic League of the AEF, and began boxing in various tournaments set up by the AEF, against the French, Italians, and others. The tournaments proved popular, particularly when he fought

against native born French and Italian boxers. In his spare time, he toured France and Italy. Post-cards that he sent home at the time showed the rubble of destroyed buildings and captured German cannons lining the village squares in Paris and other cities. He was very fond of visiting various European churches that were still intact and had not been bombed. He saved the money from the purses he won to buy an engagement ring for his fiancé back home.

He was not new to boxing, as he had starting boxing at the age of 17 back home in Elizabeth, N.J., winning five out of seventeen fights from 1908 thru 1920. His secret weapon was his southpaw, as he was a lefty. He managed to surprise most of his opponents with his left punches.

He later became a Park policeman in N.J. and rode one of the early Harley Davidson motorcycles in completing his rounds. He died in 1954.

He was the father and namesake of our own Joe Tierney, a member of Post 129.



# AS SUSTAINABILITY TAKES ROOT, FINANCE TAKES NOTICE.

By: Ralph Wolff Post 129 Finance Officer



Today's financial officers are expected to play a number of diverse and challenging roles: steward, operator, strategist and catalyst.

Hello, my name is Ralph Wolff and I am Post 129's new "Financial Officer". And while I am not an accountant, I have a high-level understanding of finances having run my own successful business, Jersey Coast Appliance, for the past 36 years. I am a graduate of the Goldman Sachs 10ksb program and manage the finances of not only my own business but those of a national association called PSA. I have been a member of Post 129 for many years and I understand the role that our financial health plays in the sustainability of our Post and the successful completion of our missions.

While it has been around in many forms in the past, sustainability has been admittedly, a squishy topic here at the Post and is more likely to be viewed as a risk management issue rather than as a strategic priority. My job, as I see it, is to bring our Post's financials into alignment with general accounting principles and to create a strategic plan for the growth and stainability of our mission.

A little over two years ago, Com-

mander Rich Gato commissioned a team to start the process of bringing our revenue producing departments together and creating a budget for our post. Last year was the first year Post 129 operated under the budget created by the "Budget Committee" and approved by the Trustees and the Executive Team.

The members of the Budget Team should be recognized and congratulated for not only the hundreds of hours it took to produce this first-time budget but for their dedication in helping to secure the financial health of our Post. The members of the team are: Eric Inauen, Paul (PJ) Jones, Rich Godfrey, Dave Corbin and Mike Dolan. This team has worked diligently to ensured sustainability and is now planning the 2017/2018 budget.

The work does not stop with the budget. In order to grow we must have objectives as in any other mission. This year we will be focused on developing a three-year strategic plan that will identify our objectives and offer the tactical plans to achieve them. If you are not familiar with the term "strategic plan" then think of it as a topographical map that points to your objective based on your current position. Without it you could be wondering around in the field and never reach your objective.

Once the Strategic Plan is finalized, we will bring it to the membership for approval but in the meantime if you have any thoughts on the missions we currently have or missions that we should have, please send me an email and state your position.

It should be stated that in order for a budget to work it must be adhered to. Which simply means that if an expenditure has not been approved within the budget it will not be acted on. We have tried to make every effort to anticipate many of the onetime requests for donations within the budget and have allocated funds for that purpose. However, our main mission aside from sustainability is to help our fellow veterans.

A large portion of the profits from the canteen and gaming have been dedicated to Veterans in Distress, Vetwork, DAV Farms, POW families, Rebuilding Warriors and the list goes on. Our Service Officer Mike Kelly is the steward of these funds and he has been doing an outstanding job in their allocations.

Finally, our Post is a wonderful place and doing the most good for our community and for our fellow Veterans. I am proud to be your CFO and I thank you for the trust you have put in me. If at any time you have a question about our financials, please do not hesitate to reach out to me.

Until next update: "for God and Country"

Ralph E. Wolff Financial Officer, Post 129

Fmail

Ralphwolff@jerseycoastappliance.com

DAV Ocean County Memorial Chapter 24 meet at Post 129 the 2nd Wednesday of the Month at 7PM



#### **CANTEEN NEWS**

Eric Inauen

Many of our Members have been saying that this was the wettest May & June that they can remember. The Bar Committee is in total agreement.

The Bar Committee greatly appreciates the turnout of our Members and their guests to the Canteen and Bunker Bar. Also, thank you for your support at our hall and picnic area events.

It has been said, that the fame of our Canteen, Hall, Veteran Memorial & Bunker Bar has stretched beyond the borders of New Jersey. National dignitaries, who come to New Jersey, ask where is that Post 129? We want to go to that Bunker Bar.

Wait until they come this year, because Members have been saving how they love the improvements. They love the high-top tables, covers & bar stools. Along with Mike (the Painter) Dolan, who painted the inside of the bar area, the Bar Committee would like acknowledge Bob Scheiderman for power washing the Bunker, Jimmy Harvey for donating a stand-up propane heater and Joe Wisniewski for upgrading our electric. With Joe providing extra lights over the grills, the cooks can actually see what they are cooking on Bike Nite.



Speaking of Bike Nite, they are still held on the second Tuesday of the month.

The next Bike Nite will be held

on Tuesday, July 11th, and August 8th. The Bunker opens at 5PM. Our Brother SAL band will be performing, much to the crowd's delight.

On our Tuesday, August 8th Bike Nite, Our Gold Star Families and Riders will be sponsoring a benefit for the 2017 RUN FOR THE FALLEN. There will be a gift auction that you won't want to miss. All proceeds will be donated to the Run for The Fallen Event, held in September.

WELCOME: We would like to welcome one of our new bartenders, Shea, who will join our other talented bartenders, Duke, Lori, Lisa, Danielle, Warren, Robin, Gabriela, Joe and Doria. As you know, we take great pride in our bartenders and the job that they do.

We would, also like to welcome our newest Bar Committee Volunteer, Mike Zolezi. Mike, a former Marine, volunteers as many hours as he can. He has become a great asset to the Bar Committee and the Post.

<u>UPCOMING EVENTS:</u> Our Fourth of July Picnic will be held on Sunday, July 2nd, from noon to 5PM. Music will be provided by the ever popular "Nfinity." Tickets are \$10, which will include burgers, hot dogs, chicken, salads, watermelon, soda and water. Children under 10 years old are free.

On Saturday, August 26th, Post 129 will be hosting "Oldies Night", featuring AM-FM REWIND. They will be performing their "DOO-WOP to Woodstock to Disco," all in one show. If you like this type of music, this is a MUST SEE. There will be more details to follow.

BIG HEAD CONTEST: The 2nd annual Big Head Contest will be held on Bike Nite, Tuesday, July 11th. Mike Dolan, who will officiate the competition, has been trolling past events searching for

the biggest heads. Remember, this is a big head competition, and NOT a big Ego competition. Our parking lot could not accommodate a Big Ego competition.



The Canteen opens at 11AM seven days a week. Ryan's Catering does a great job in offering both a hot and cold food menu, along with Chef Mike Speary's delicious food specials every day of the week. The Canteen has 9 beers and the Bunker 4 beers on tap.

The Canteen has live entertainment every Friday and Saturday Night, with NO cover charge. More and more bands are lining up to play here because of the outstanding audiences you provide.

Wednesday Night is Horse Shoe Night down at the Bunker. Mike Dolan has done a great job in increasing the number of teams to a record level.

Thursday Night is Ladies Night in the Canteen where drinks are as close to half price as possible.

REMEMBER: When you support Post 129, you support the best Post in the USA.



July: From the Roman Emperor, Julius Ceasar.

**Birthstone** 

# **July 2017**

Ruby

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breezes are cool, barby is hot! Beaches are peaches: Find a good spot!			Check out the o	1 1871 Toms River Yacht Club Organized		
2	No meeting on the 3rd  General Meeting will be held on July 10	Independence Day HAPPY 4TH!!!	5	6 <u><b>BINGO</b></u>	7	8
9 O Full Buck Moon	Auxiliary Meeting Will be held in Downstairs Meeting Room	Post 129 Riders Bike Nite	12 SAL Mtg. 7:00PM	13 !!BINGO!!	14	15
16	17 Board/Trustees Mtg. 7:00PM	18	19	BINGO	21	22
23 ● New Moon	24 Riders Mtg. 7:00PM	25 MERICAN	Americans With Disabilities Act Signed (1990)	27 <b>?OGNIB?</b> Korean War Ended 1953	28	29 ************************************

July 29, 1957, 60 years ago. Over 100 volunteer firemen responded to a 10:00 p.m. blaze at the corner of Main and Washington Streets. Several businesses were severly damaged and losses were estimated at a half million dollars.

# **JULY ENTERTAINMENT**

SATURDAY JULY 1ST BOB KULICK **LEAD SINGER OF "THE HAPPENINGS"** 

SUNDAY JULY 2<sup>ND</sup> "FOURTH OF JULY PICNIC" IN THE PICNIC GROVE LIVE MUSIC BY "NFINITY"



FRIDAY JULY 7<sup>TH</sup> SATURDAY JULY 8<sup>TH</sup> **JERSEY SHORE CATS** JIMMY D & THE DECADES

FRIDAY JULY 14<sup>TH</sup> THE MANGO'S SATURDAY JULY 15<sup>TH</sup> WHO ARE YOU GUYS?

FRIDAY JULY 21<sup>ST</sup> SATURDAY JULY 22<sup>ND</sup>

SUMMER PROJECT "LETS BE FRANK"

FRIDAY JULY 28<sup>TH</sup>

STRICTLY 60'S \*\*\*\*\*NEW BAND\*\*\*\*\*

SATURDAY JULY 29<sup>TH</sup> PHIL "C" FROM THE

**STREETHEARTS** 

WATCH FOR UPDATES \*\*NEW BANDS\*\* APPEARING IN JULY/AUGUST/SEPTEMBER

BE SURE TO CHECK FOR LAST MINUTE CHANGES AND/OR CANCELLATIONS. UPDATED LISTS ARE POSTED ON THE BULLETEN BOARD IN THE ENTRANCE HALL August: From Julius Caesar's successor, Augustus Caesar.

**Birthstone** 

# August 2017

Sardonyx

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The best way to spoil a friendship is to sponge on it!		1	2	3  B I N G O 7 25 44 57 62 15 22 40 57 60 11 30 — 46 74 2 28 37 55 68 10 27 39 59 75	4	5
August 7 is Purple Heart Day	7 General Mtg. 7:00PM O Full Sturgeon	8 Post 129 Riders Bike Nite	9 SAL Mtg. 7:00PM	10 10 10 10 10 10 10 10 10 10	11	12
13 'Lil' Abner' 1934	14 Legion Auxiliary Mtg. 7:00PM	15	16	17 B 1 N G O 7 25 44 57 62 15 22 40 50 70 11 30 46 74 2 20 37 55 66 10 27 39 59 75	18	19
20	21 Board/Trustees Mtg. 7:00PM	22	23	24 B I N G O 7 23 44 57 62 15 22 40 50 70 11 30	25	26 Oldies Show! Details To Follow
	28 Riders Mtg. 7:00PM	29 MERICAN	30	31 B I N C O 7 25/44 57 62 15 22 40 50 70 11 30 46 74 2 28 37 55 68 10 27 39 59 75		

**Toms River:** 1862 Union volunteers assembled on the Courthouse grounds before marching off to fiight in the Civil War—1858 98 pupils enrolled in the Village School—Community Memorial Hospital opened with 50 beds—1959 Fire swept through the county jail.

## **AUGUST ENTERTAINMENT**

FRIDAY AUGUST 4<sup>TH</sup> STEP ASIDE

\*\*NEW BAND\*\*
SATURDAY AUGUST 5<sup>TH</sup> BOB KULICK

LEAD SINGER OF "THE HAPPENINGS"

FRIDAY AUGUST 11<sup>TH</sup> SATURDAY AUGUST 12<sup>TH</sup>

THE DEE CEE'S JOHNNY "D" & THE DECADES

FRIDAY AUGUST 18<sup>TH</sup> SATURDAY AUGUST 19<sup>TH</sup>

THE MANGO'S JERSEY GIRLS \*KAROEKE\* FRIDAY AUGUST 25<sup>TH</sup> "NFINITY"
SATURDAY AUGUST 26<sup>TH</sup> PHIL "C"
FORMERLY OF THE STREETHEARTS

**ALSO** 

SATURDAY AUGUST 26 IN THE BANQUET HALL

"AM/FM REWIND"

DOO WOP TO WOODSTOCK TO DISCO ALL IN ONE SHOW COMPLETE WITH COSTUME CHANGES

**GET YOUR TICKETS EARLY** 

BE SURE TO CHECK FOR LAST MINUTE CHANGES AND/OR CANCELLATIONS. UPDATED LISTS ARE POSTED ON THE BULLETEN BOARD IN THE ENTRANCE HALL

#### PATRIOTIC QUIZ NO. 9

- What foreign capital is named after an American President?
   Who said of the American colonists just before the Revolution, "They will be lions while we are lambs, but if we take the resolute
- lambs, but if we take the resolute part, they will undoubtedly prove very meek"?
- 3. What is a Cajun?
- 4. What State has the longest official name?
- 5. What noted American soldier now living was in charge of Jefferson Davis when the ex-president of the Confederacy was a prisoner at Fort Monroe?

# Answers to Patriotic Quiz No. 8 From May-June 2017 SOUNDOFF

- 1. Eleven of the Forty-Eight States are named after persons: New York, for the Duke of York (1664) brother of Charles II; Pennsylvania, for William Penn; Maryland, for Queen Henrietta Maria, wife of Charles I; Delaware, for Lord De La War, colonial Governor of Virginia (and so West Virginia), for Elizabeth, the Virgin Queen; North and South Carolina for Charles II; Georgia, for George II; Louisiana, for Louis XIV; Washington, for George Washington. The District of Columbia, perpetuating the name of Columbus, should also be included. Tennessee was from 1784 to 1788 called Franklin in honor of Benjamin Franklin, The Carolinas are said to have been named originally for Charles IX of France, but the patent to the land was granted by Charles 11 in
- 2. The words, "I know of no method to secure the repeal of bad or obnoxious laws so effectual as their strict construction," were used by President Grant in his second inaugural address.
- 3. "Galvanized soldier" was the term applied to Confederate prisoners of war who enlisted in the Union army with the proviso that they would be sent to do duty in

the remote western military posts which the Northern States were obliged to garrison during the Civil War to keep the Indians down.

4. James Abbot McNeil Whistler, famous American artist who settled in England, was expelled from the United States Military Academy at West Point in 1854, during his third year as a cadet, because his record in all subjects but drawing was below the required standard.

The words of "Hail, Columbia" were written in 1798 by Joseph Hopkinson of Philadelphia, at the request of a friend named Fox, a singer and actor, who was to have a benefit performance in the Philadelphia Theater and who, fearing a light attendance, reasoned that some "patriotic verses to the air of the "President's March" would insure a good audience, war between France and the United States then being regarded as inevitable. The house was crowded in anticipation of the new song, and Fox was compelled to sing it nine times.

Reprinted from the 'American Legion Magazine' January1925
Answers to Quiz 9 Next Issue (Bob Schiederman)

# Marine Is on a Mission to Provide Veterans Suffering From PTSD With Service Dogs

By ELIZABETH MCLAUGHLIN

As Cole Lyle testified before Congress today, his service dog, Kaya, was at his feet.

Lyle, a Marine veteran who served in Afghanistan, suffers from Post-Traumatic Stress Disorder (PTSD).

After several years taking prescribed sleep aids and antidepressants and even contemplating suicide, he said he decided to try a different kind of therapy: trained service dogs.

Service dogs are not provided

by the U.S. Department of Veterans Affairs, so Lyle tried to get a dog through local nonprofit groups.

But the wait times were over a year, and Lyle said he didn't feel like he had time to wait.

He purchased Kaya and had her trained for PTSD symptoms by an Assistance Dogs Internationalaccredited trainer. After spending \$10,000 of his own money, he had the help he needed.

"The bad days are less frequent than they have ever been," Lyle told the House Committee on Oversight and Government Reform.

Lyle testified before the committee about the benefits he's experienced since having Kaya, including how Kaya knows to wake him up when he's suffering from a nightmare. The dog has reinvigorated his life with purpose, he said. Now, he's speaking out in the hopes that the VA will change its policy.

Currently, the VA does not provide benefits for PTSD or mental health dogs because they say the dogs are not known to be effective in overcoming specific functional limitations in veterans with PTSD.

A study commissioned by the 2010 National Defense Authorization Act was meant to assess the way the VA could use service dogs for treatment and rehabilitation for veterans. However, that study has been plagued with challenges that have only allowed 40 dogs to be paired with veterans, according to the House committee. In 2012, the VA concluded it would not support service animals, citing a lack of evidence supporting the efficacy of mental health service dogs.

Dr. Michael Fallon, Chief Veterinary Medical Officer for the Office of Research and Development at the VA, echoed this sentiment at the hearing, saying "the benefits of service dogs in assisting people with mental health diagnoses have not been established in scientific literature." But Rory Diamond, the executive director of K9s for Warri-



ors, told the committee that research already shows veterans with PTSD receive extraordinary benefits from service dogs.

Diamond said benefits for veterans include eliminating their use of medications, handling anxiety better, and reducing suicidal thoughts, nightmares, and night terrors. "There are thousands of veteran suicides that could have been prevented if they would have had access to a service dog," Diamond told Congress.

Steven Feldman, executive director of the Human Animal Bond Research Initiative (HABRI) Foundation, testified that there is already significant scientific evidence to substantiate the use of service dogs for veterans with PTSD. He pointed to several studies, include research conducted by Purdue University on animal-assisted intervention for victims of trauma.

"People with PTSD often experience emotional numbing, yet the presence of an animal has been reported to elicit positive emotions and warmth," that study concluded. "Animals have also been demonstrated as social facilitators that can connect people and reduce loneliness, which may assist individuals with PTSD break out of isolation and connect to the humans around them."

A new bill, H.R. 4764, will direct the VA to carry out a five-year pilot program in which the agency will provide service dogs and veterinary health insurance to certain veterans who served on active duty on or after Sept. 11, 2001, and were diagnosed with, and continue to suffer from, PTSD.

For Lyle, this bill is a crucial step for veterans who are running out of options to combat PTSD.

"I believe that allowing veterans to fight PTSD without all options available to them is tantamount to sending our military to fight an enemy without a secondary weapon in their arsenal," Lyle said.

Dr. Fallon concluded his opening testimony by saying that the VA offers a wide range of treatment options to treat PTSD and its symptoms and is using technologies to increase those offerings.

"VA remains open to new and innovative treatments for PTSD

and supports research on these treatments as part of its portfolio on PTSD and related conditions," he said.

(ABCNews) (via Rich Gato)



Meet at Post 129 3rd Wednesday at 12 Noon



# **AUXILIARY MESSAGE**

Greetings to all,

My name is Pam Bowen newly elected Unit President for 129 Auxiliary. I am looking forward to a new and exciting year here at Post 129. I would like to introduce my incoming officers for the 2017-2018 year:

First Vice President

Sharon Stewart

Second Vice President

- Lisa Mayer

-Jane Keeley Secretary Treasurer -Carol Rutzler

E-Mail Correspondent

- Judy Kapp

Historian - Peggy Robbins - Patricia Corbin Chaplain Sgt. at Arms - Donna Schwartz

We are looking forward to a new year and working together for our veterans and our community state and nation.

For God and Country, Unit 129 President 2017-2018 Pamela Bowen









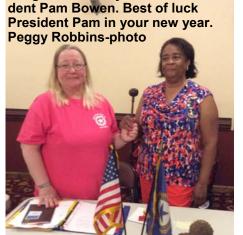


מתתתתתתתתתתתתתתתתתתתתת **President Pat Corbin presenting** the gavel to newly elected Presi-



**Installation of Auxiliary Officers** May 21, 2017







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July-August 2017



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**EVENTS.....** send your events for the calendar to Bob Scheiderman at: **knottoday@verizon.net** 

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On June 12th President Pam Bowen arranged a demonstration by the Toms River K-9 Unit. Sergeant James Reilly, Patrolman Scott Eubanks and K-9 Brutus gave a demonstration on how K-9's are trained to track human

scents and to sniff out various illegal narcotics.

Peggy Robbins—photo



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